

Pijnmedicatie & Farmacologie 2025

Guy Hans, MD, PhD, SQIL

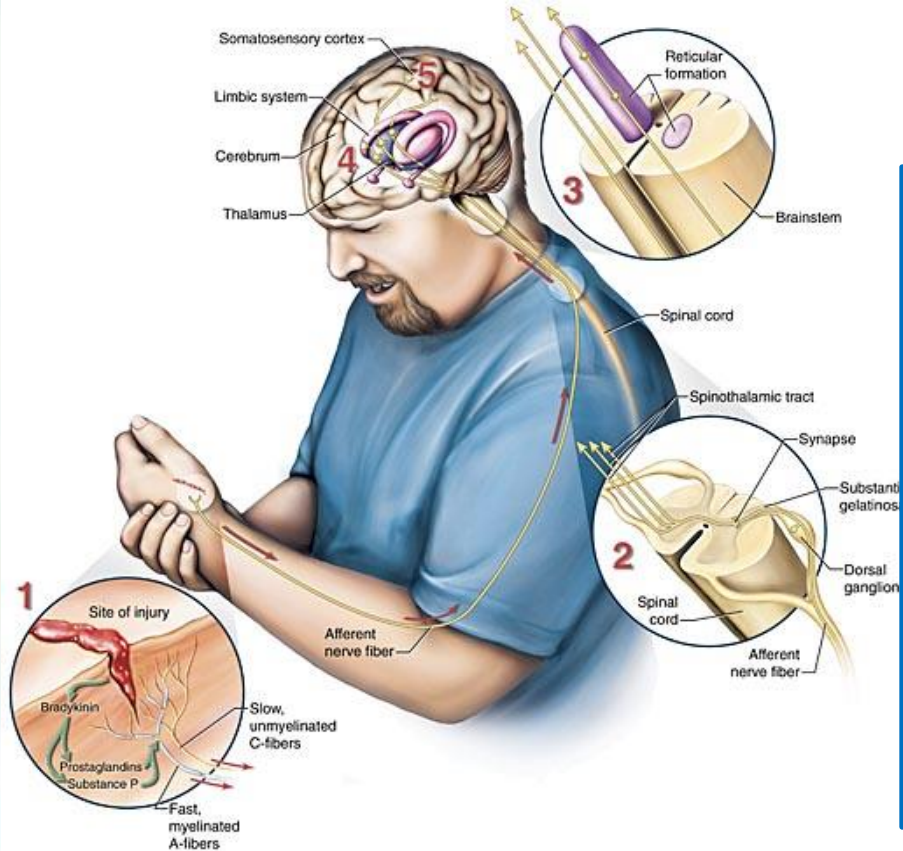
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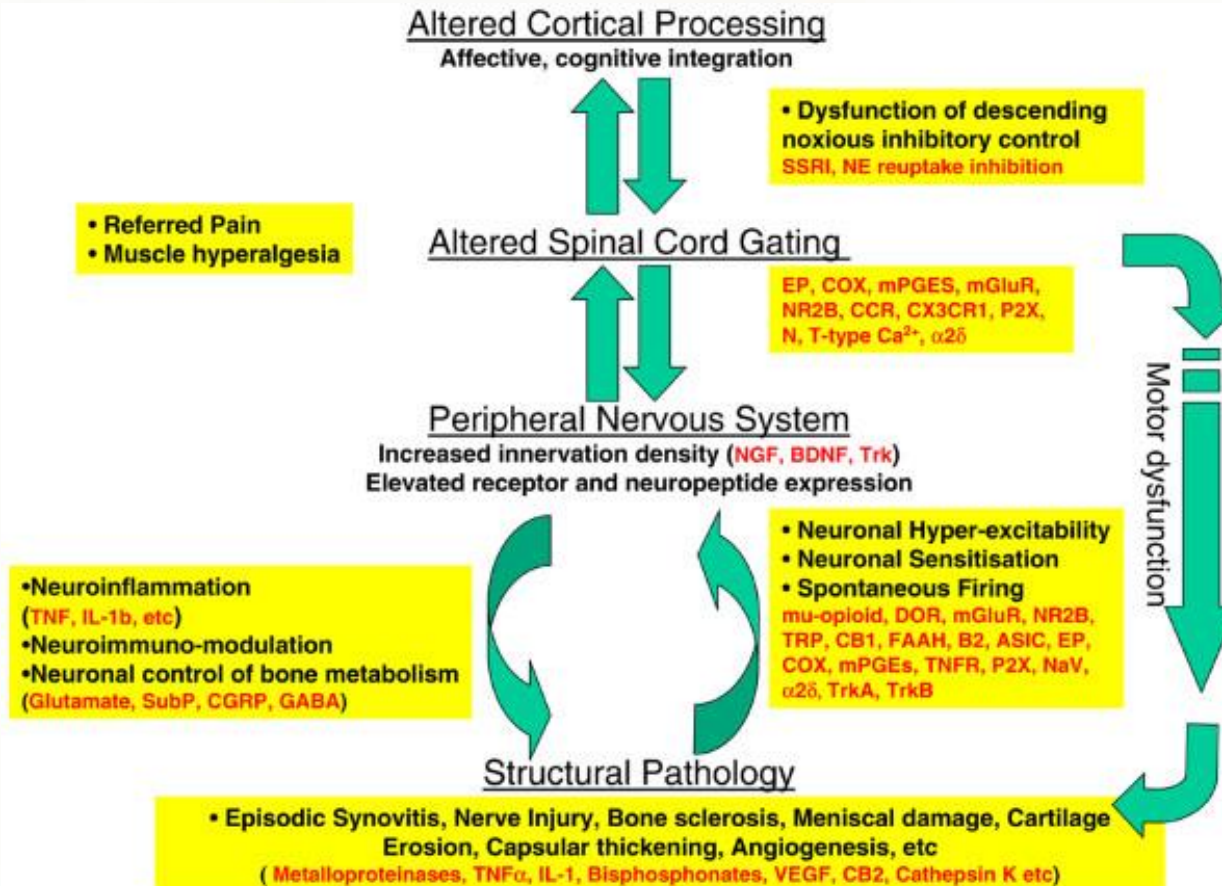
kennis / ervaring / zorg

Fysiologische pijn

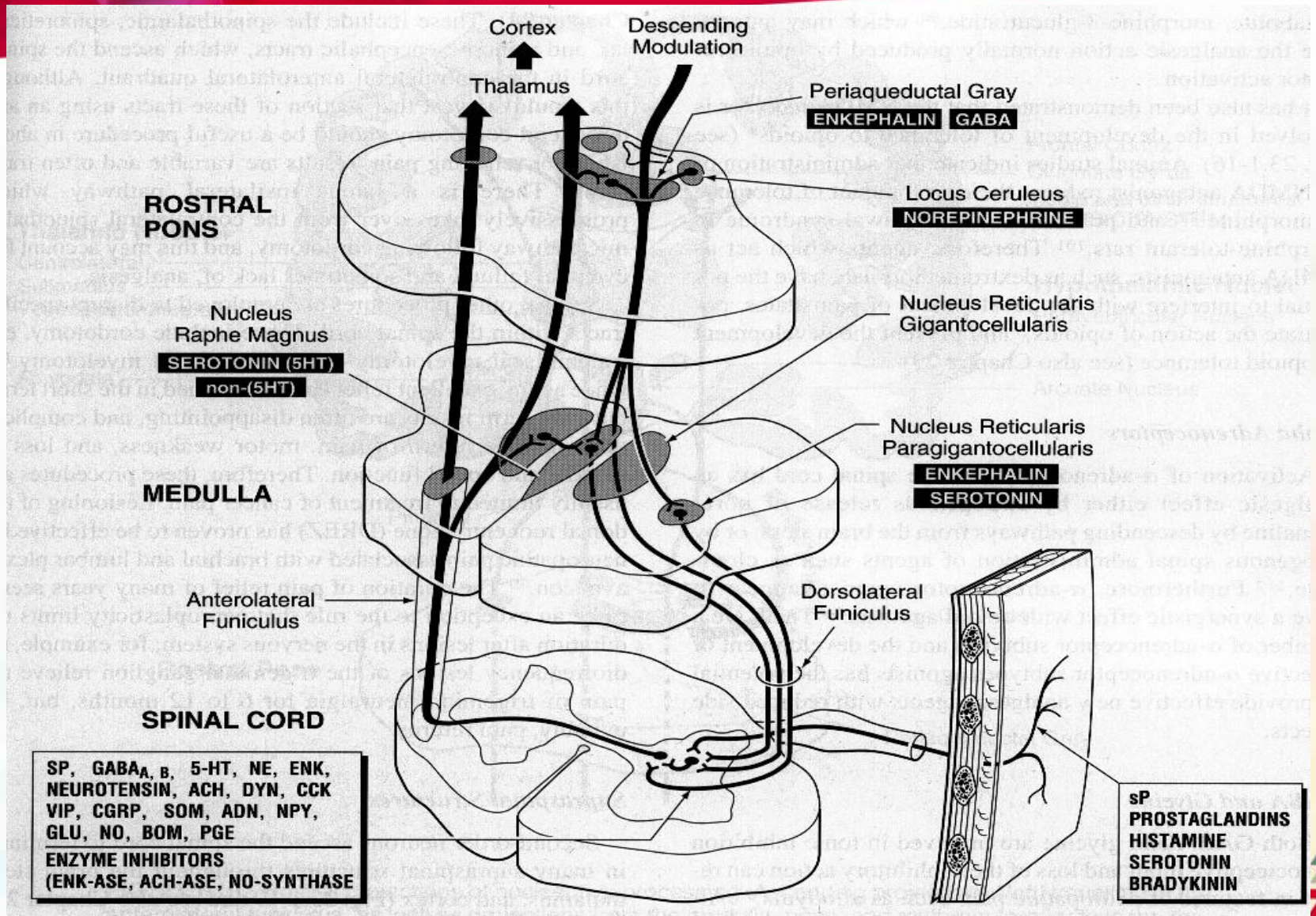


- **Transductie**
 - Activatie Nociceptoren
 - Nociceptieve stimuli
- **Transmissie**
 - Voortgeleiding impulsen
 - Dorsale hoorn
 - Hersenen
- **Modulatie**
 - ↓↓ of ↑↑↑ nociceptieve impulsen (dorsale hoorn)
- **Perceptie**

Therapeutische aanpak



Afferent and Descending Pathways



Treatment 'Step by Step'

Analgetische Ladder of Lift

1. Non-Opioid Analgesics
Plus Adjuvant Drugs

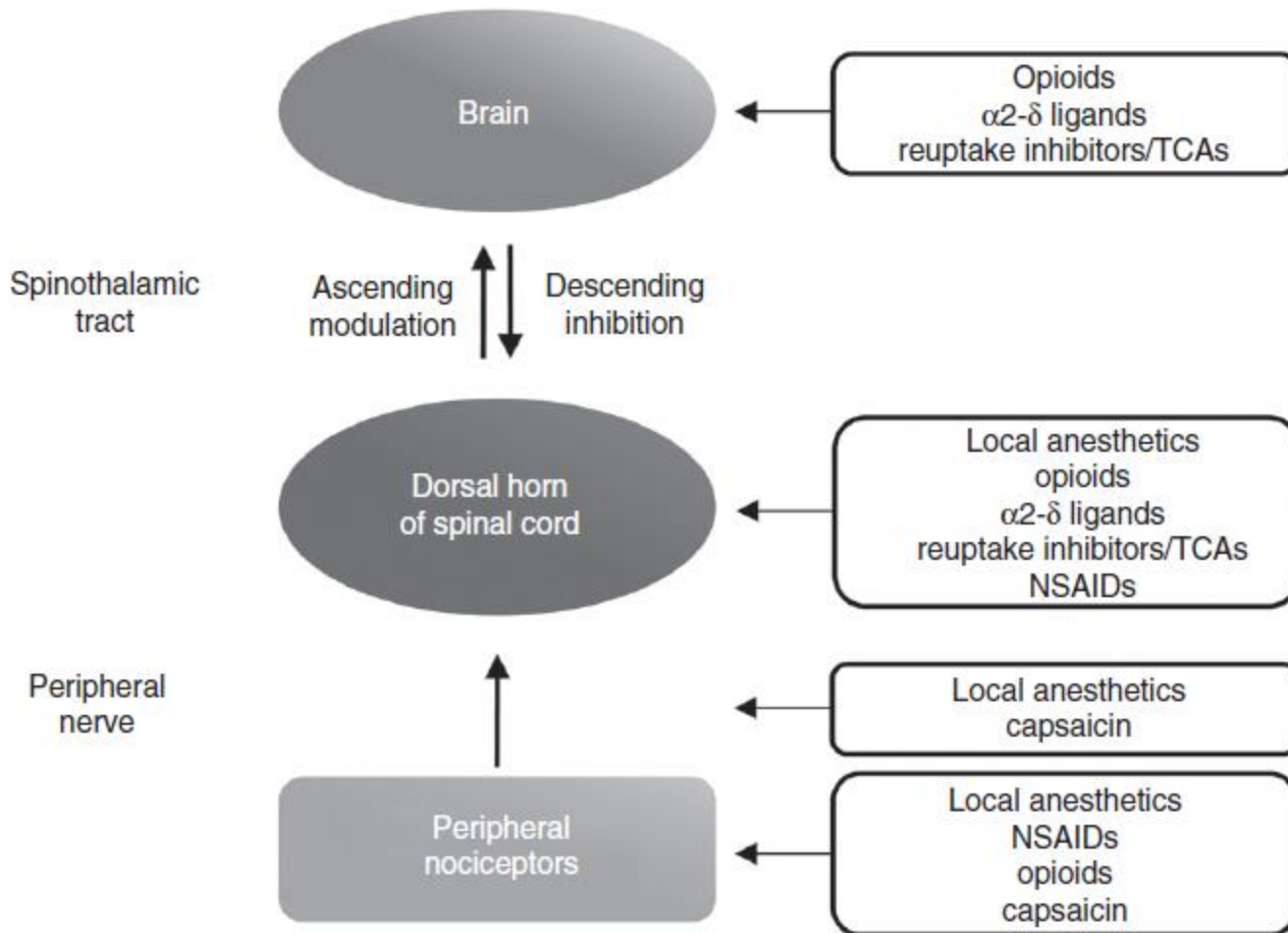
Aspirin
Paracetamol
NSAIDs

2. 'Weak' Opioid Analgesics
Plus Non-Opioid Analgesics
Plus Adjuvant Drugs

Codeine
~~D-propoxyfeen~~
Hydrocodeine
Tramadol
~~Nefopam~~
Buprenorfine

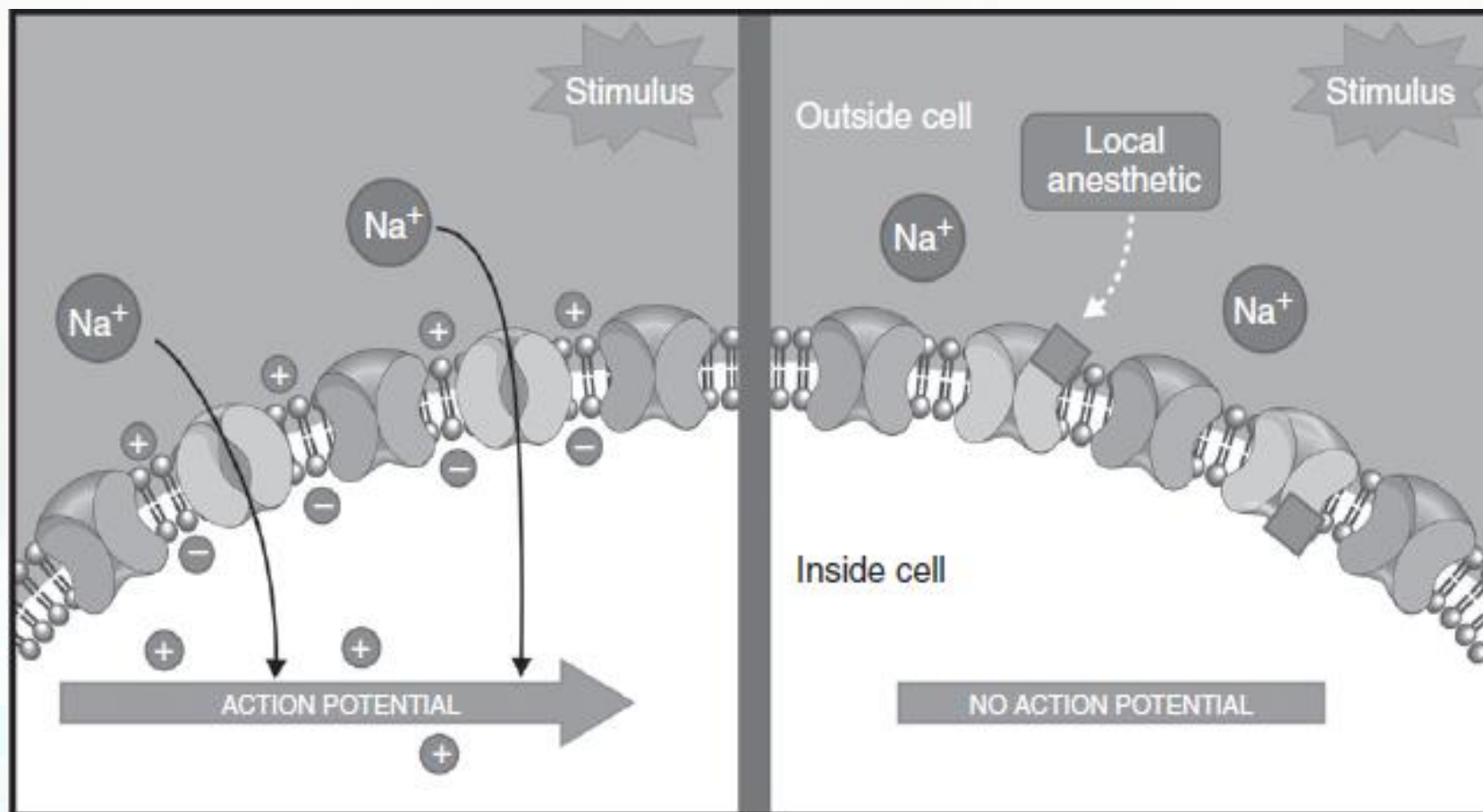
3. 'Strong' Opioid Analgesics
Plus Non-Opioid Analgesics
Plus Adjuvant Drugs

Morphine
Oxycodone
Methadone
Piritramide
(TTS-)Fentanyl
Tapentadol



Perifeer Zenuwstelsel (1)

- Locale anesthetica
 - Blokkade Na^+ -kanalen in neuronale membranen



Suzetrigine



View source version on businesswire.com: <https://www.businesswire.com/news/home/20250109747971/en/>

Vertex Announces FDA Approval of JOURNAVX™ (suzetrigine), a First-in-Class Treatment for Adults With Moderate-to-Severe Acute Pain

January 30, 2025

-- JOURNAVX is the first and only approved non-opioid oral pain signal inhibitor and the first new class of pain medicine approved in more than 20 years --

-- JOURNAVX is an effective and well-tolerated medicine without evidence of addictive potential indicated for use across all types of moderate-to-severe acute pain --

Pain

[LEARN MORE →](#)

✓ Suzetrigine (Acute Pain)



✓ Suzetrigine (Painful Diabetic Peripheral Neuropathy)

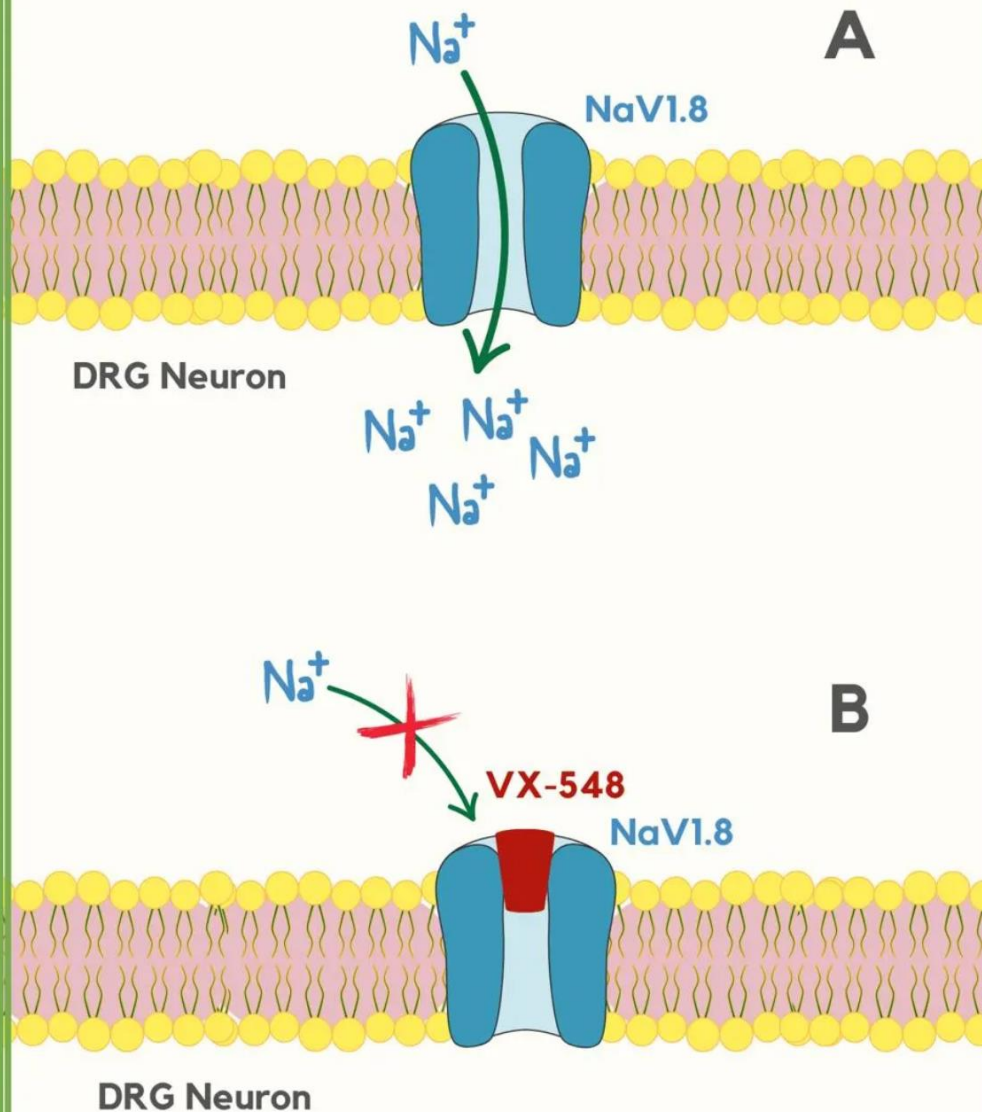


✓ Suzetrigine (Painful Lumbosacral Radiculopathy)

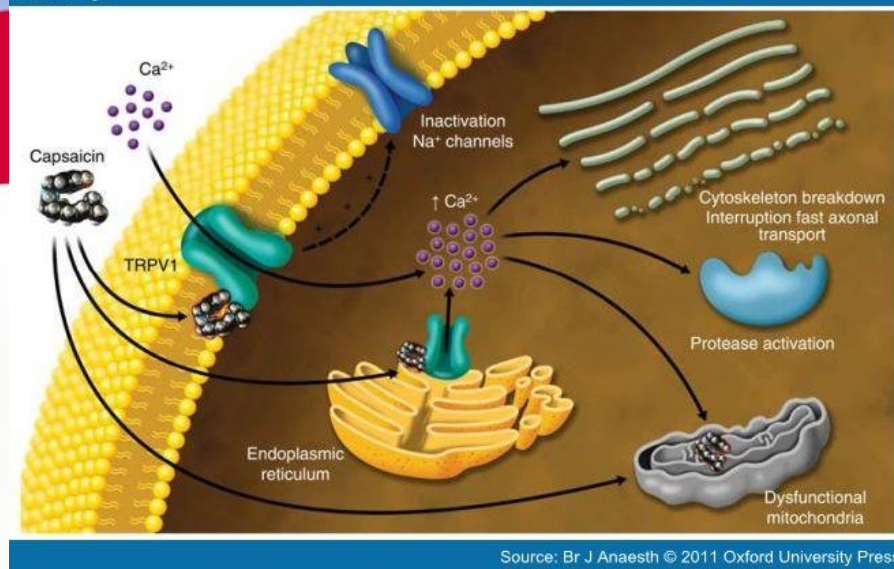


✓ Additional Small Molecules





Perifeer Zenuwstelsel (2)



- Capsaicine (Qutenza[®])
 - Perifere neuropathie
 - Applicatie 30 – 60 min
 - 3 maanden analgesie
 - Lange-termijn effecten ?
 - Neurodegeneratieve veranderingen (perifeer + centraal)
 - ↓ efficaciteit synaptische transmissie dorsale hoorn
- NSAID
 - Inhibitie van cyclooxygenase enzyme
 - ↓↓ vrijzetting inflammatoire mediators (PG)
 - Neveneffecten !!
 - Topicale applicatie ... ?

Perifeer Zenuwstelsel (3)

- Topicale toediening van tricyclische antidepressiva (TCA)
- Doxepin HCl crème (VS)
 - Jeuk als erkende indicatie

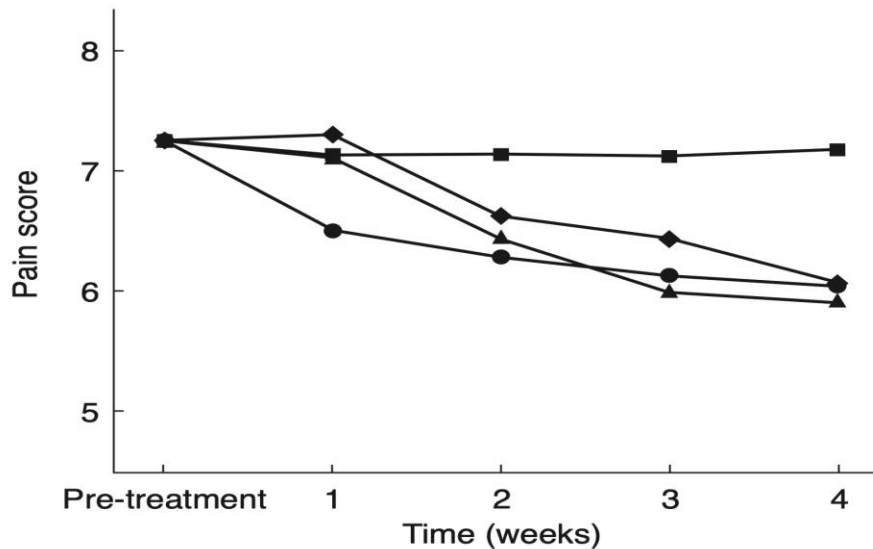


Figure 1 Overall pain as measured by a 0 - 10 cm visual analogue scale, 0 = no pain. ■ placebo, ◆ doxepin, ▲ capsaicin, ● doxepin/capsaicin.

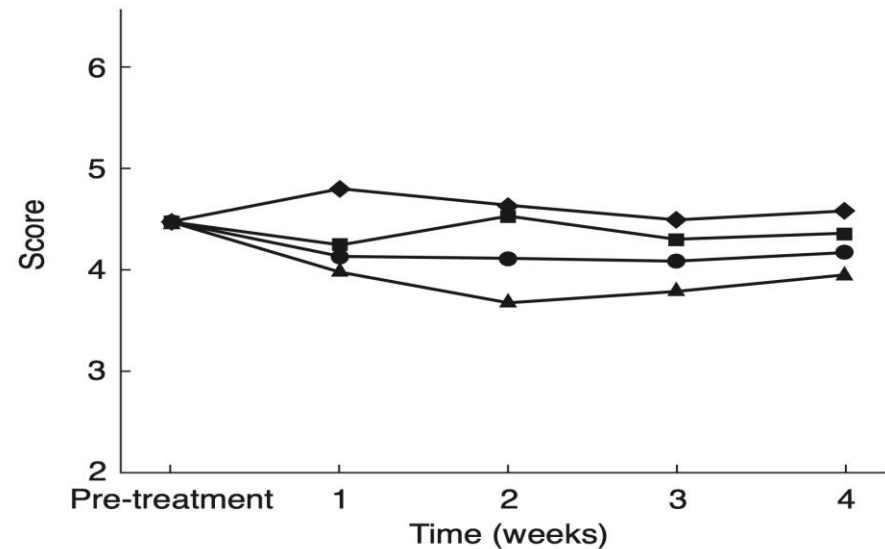


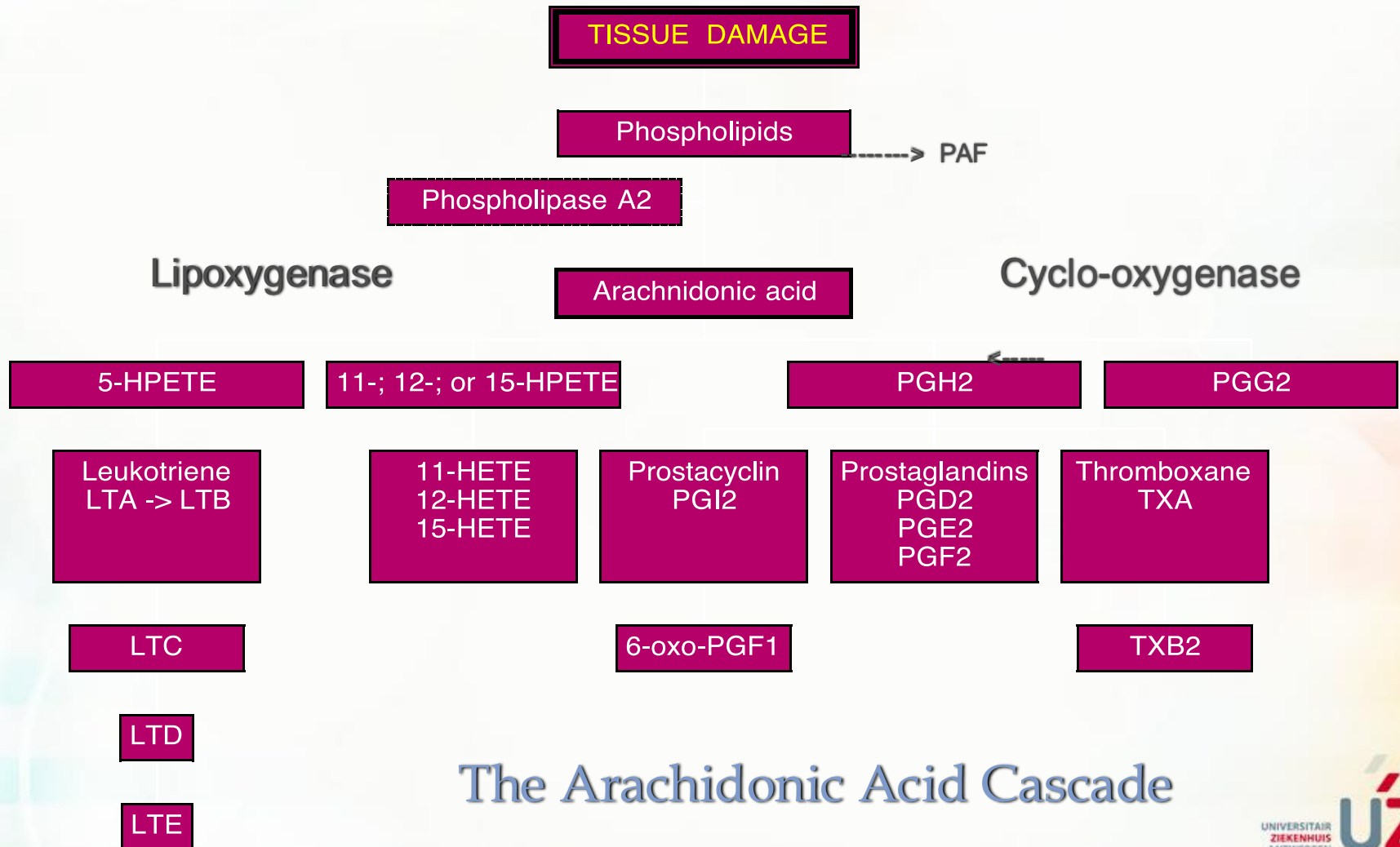
Figure 2 Numbness as measured by a 0 - 10 cm visual analogue scale, 0 = no numbness. ■ placebo, ◆ doxepin, ▲ capsaicin, ● doxepin/capsaicin.

Perifeer Zenuwstelsel (4)



- Magistrale bereiding amitriptyline
 - Zeer duur want geen terugbetaalde grondstof
- AlgoTx
 - ATX01 voor behandeling van chemotherapie-geïnduceerde polyneuropathie
 - 10% en 15% mengsel versus placebo
 - Veilig farmacologisch profiel
 - Hoge placebo-respons

Peripheral Antinociceptive Modulation by NSAIDs (1)



The Arachidonic Acid Cascade

Peripheral Antinociceptive Modulation by NSAIDs (2)



- Inhibition of *Cyclo-Oxygenase*
 - (at least) 3 distinct categories of inhibitors
 - Reversible competitive inhibition
 - Ibuprofen; piroxicam
 - Reversible non-competitive inhibition
 - Paracetamol
 - Irreversible inactivation
 - Aspirin, indomethacin

Peripheral Antinociceptive Modulation by NSAIDs (3)

- Inhibition of *Lipoxygenase*
 - **LTB and 12-HETE present in inflammation**
 - Chemotactic action on leucocytes
 - Lower firing threshold of pain fibers
 - Stimulate nociceptors
 - Diclofenac; Indomethacin
- *Non-prostaglandin Inhibitory Actions*
 - **Interference with cell membrane processes**
 - Piroxicam; Indomethacin

Central Antinociceptive Modulation by NSAIDs (1)

- *Central Prostaglandin Synthesis*
 - **Reduction of Prostaglandins E and F in CNS**
 - Diclofenac; indomethacin; naproxen, PCT
- *Opioid Mechanisms*
 - **Central opioid mechanism of action**
 - Diclofenac; ketorolac; lysine acetylsalicylate
 - Reversal by naloxone
 - Reduce heroin withdrawal syndrome

Central Antinociceptive Modulation by NSAIDs (2)

- *Serotonergic Mechanisms*
 - **Brain stem and spinal cord**
 - Serotonin and 5-hydroxyindoleacetic acid
 - Diclofenac
 - **Activation of descending serotonin pathways**
 - Probably through 5-HT₂ receptor system
- *NMDA Mechanisms*
 - **Reduction of hyperalgesia induced by**
 - Spinal glutamate or substance P receptors
 - Aspirin; ibuprofen; ketorolac

High Potency - Fast Elimination

- Arylpropionic : Ketoprofen

- Rofenid[®]; Rofenid Enteric[®]; Rofenid Long Acting[®]; Rofenid Retard[®]
- 0.5-2h T_{max} , 1.1-4h $T_{1/2}$
- 200mg (-300mg) daily dose

- Arylacetic acids

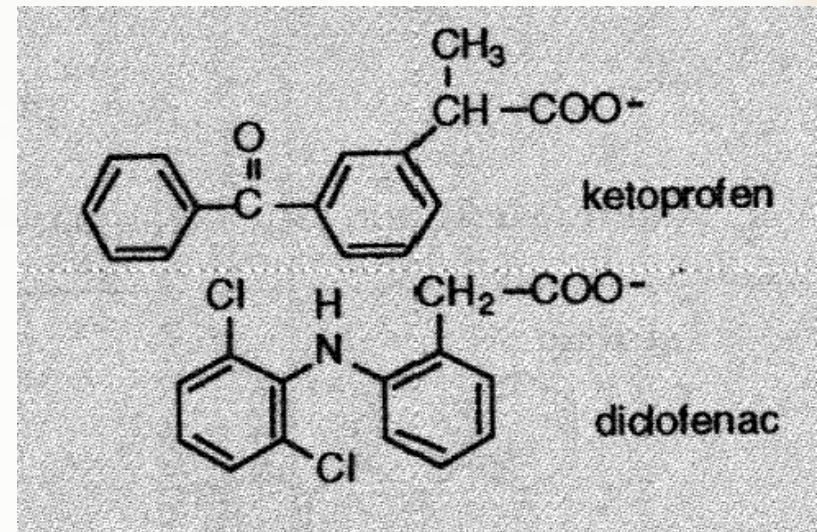
- 0.5-2h T_{max} , 4-10h $T_{1/2}$

- Diclofenac (Voltaren, Cataflam[®])

- Dissolve in stomach
- Short half-life of 1 - 2 h
- Daily dose: 100 - 150 mg

- Ketorolac (Taradayl[®])

- 100% bio-availability IM/PO
- 10 - 30mg every 6-8 hours
- 60 (elderly) to 90 mg daily dose
- IM/IV max 2 days

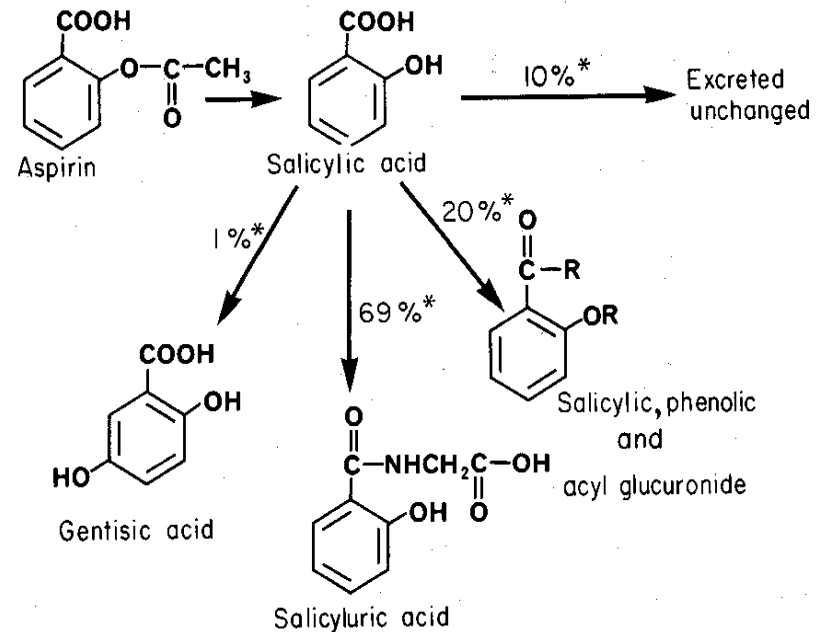


No combination with other NSAIDs
Not during labor and delivery

Low Potency - Fast Elimination

- **Salicylates**

- +/- 0.25h T_{max}
- +/- 20min $T_{1/2}$
- **Low dose (500mg, 2x/d)**
 - Analgesic & antipyretic effect
- **High dose (1000mg, 3x/d)**
 - Anti-inflammatory effect
- **Individual variation in absorption**
 - Dosage not predictable



- **Lysin - acetylsalicylic acid (Aspegic[®])**

- water soluble salt, sodium free
- 1.8g aspegic = 1.0g aspirin
- fast absorption
- 500 - 1000mg, 2 to 3 x /day

High Potency - Slow Elimination

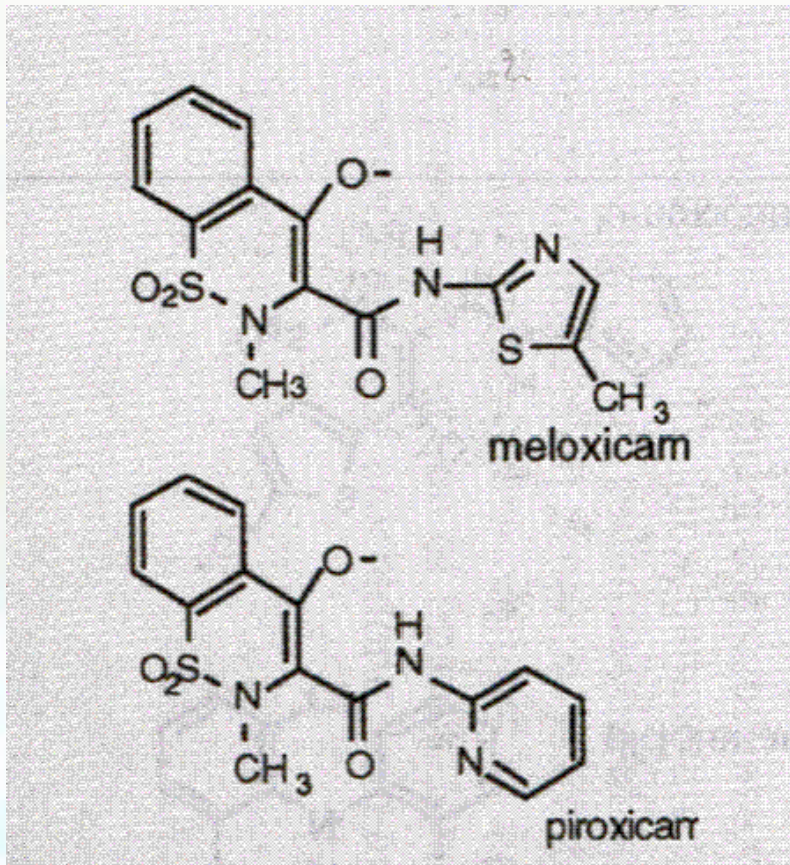
- Oxicams

- **Piroxicam (Feldene®)**

- 3-5h T_{max} , 35-70h $T_{1/2}$
 - 20mg-40mg, daily dose
 - Lyotabs equal T_{max} , $T_{1/2}$
 - Elevated aminotransferase levels in 15%
 - Monitor liver enzymes first 8 wk

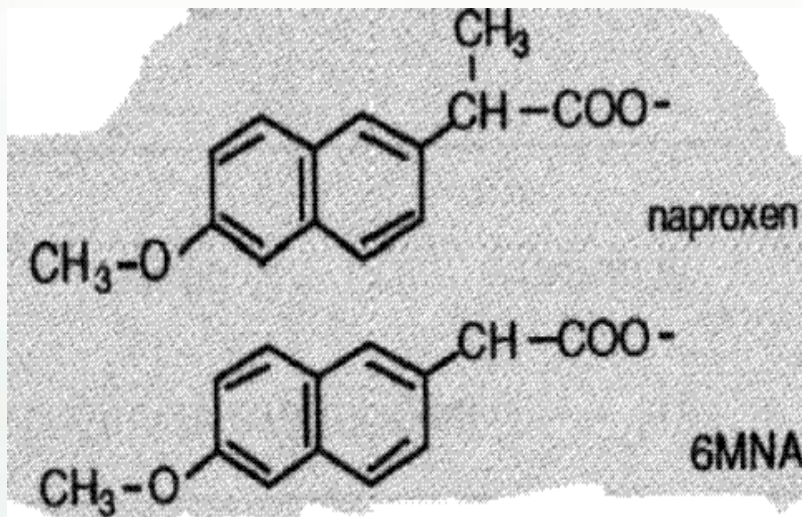
- **Tenoxicam (Tilcotil®)**

- 100% bio-availability PO
 - 3-5h T_{max} , 42-98h $T_{1/2}$
 - 20mg-40mg daily dose
 - Inhibitor of metalloproteinase
 - Degenerative bone diseases!



Intermediate Potency

Intermediate Elimination



- Arylpropionic acids

- **Naproxen EG[®]; Naprosyne[®]**

- 2-4h *T_{max}*
- 12-15u *T_{1/2}*
- 500 - 1000mg daily dose
- Extremely good penetration
 - Synovia
 - Inflammatory tissues

- **Apranax[®]** (*natriumnaproxen*)

- < 1h *T_{max}*
- 12 - 15u *T_{1/2}*
- 550 mg, 2 x day

Cyclo-oxygenase

- ❑ **Physiological stimulus**
 - Constitutive expressed enzyme

COX-1

Platelets, stomach,
intestine, kidney

- Normal cell functions
“house keeping”

- ❑ **Tissue damage**
 - Inducible enzyme
 - Not constitutive ??

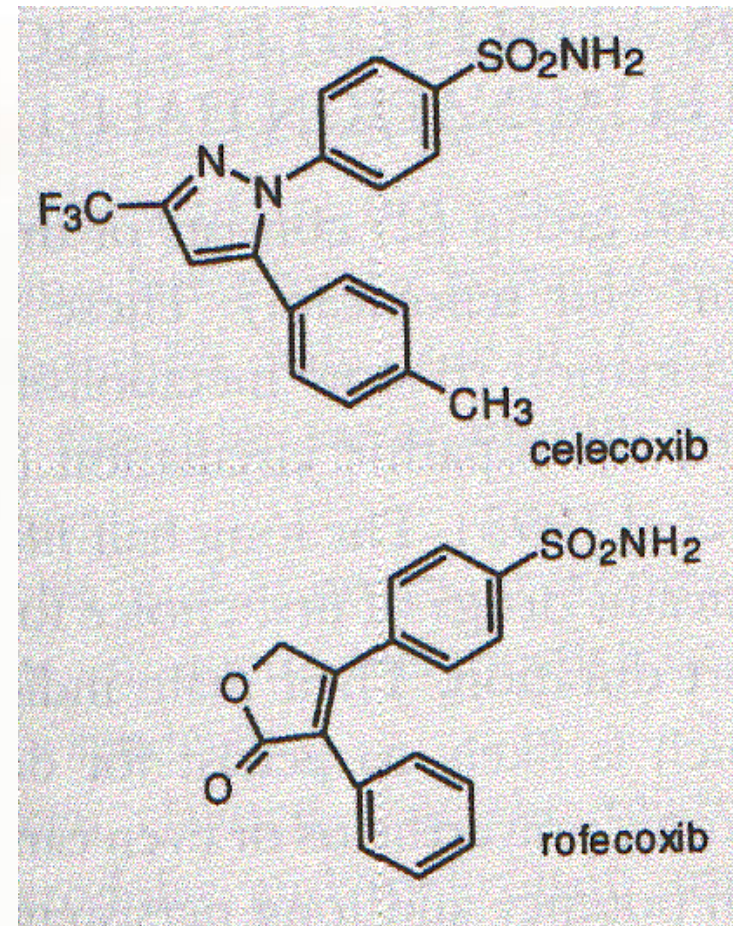
COX-2

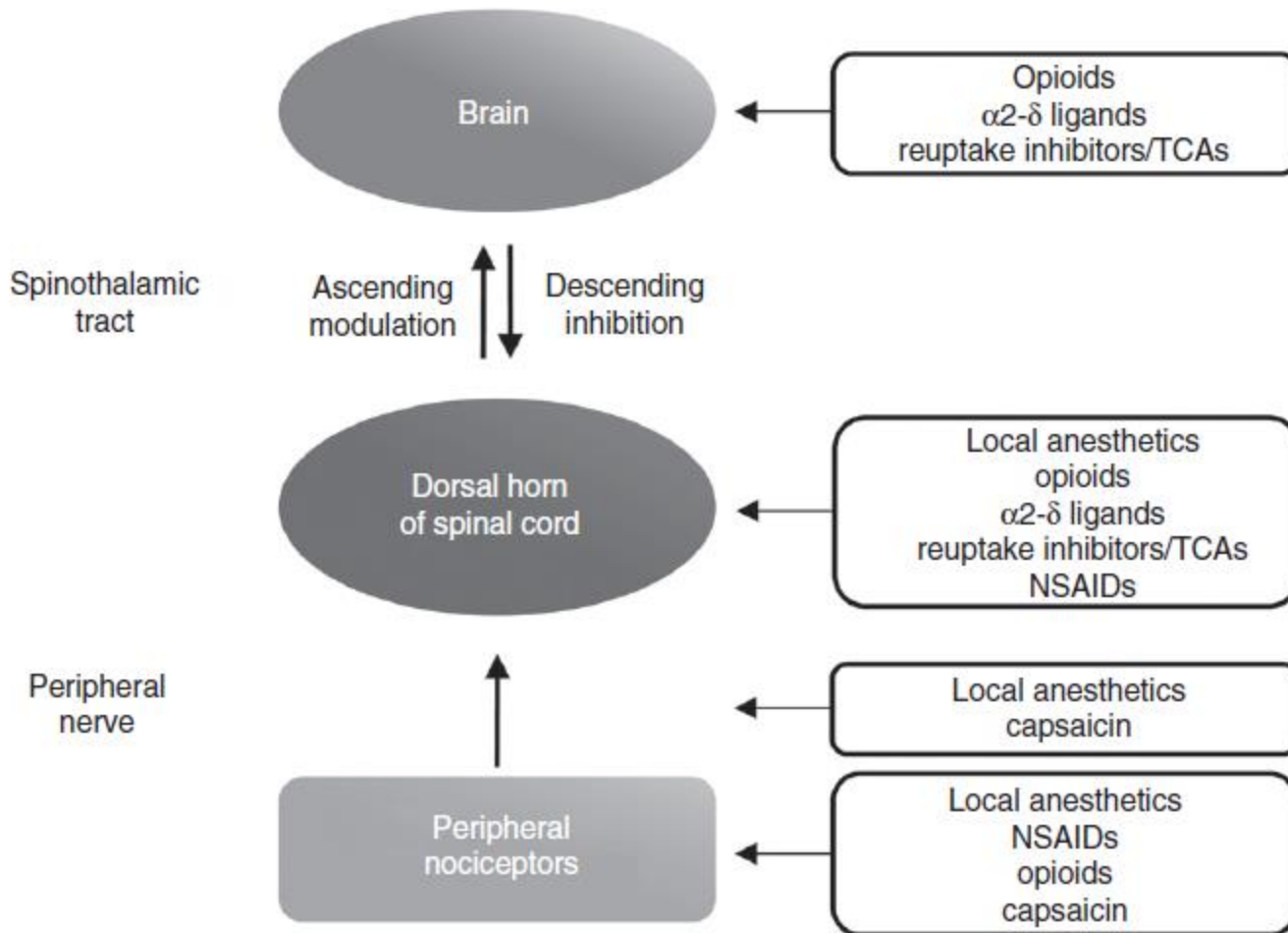
Macrophages,
synoviocytes

- Inflammation,
regulation electrolyte
balance

Selective COX-2 Inhibitors

- **Celecoxib (Celebrex[®])**
 - 2-4 h T_{max} , 9-15 h $T_{1/2}$
 - 400mg max daily dose
- ~~Valdecoxib (Bextra[®])~~
 - ~~20mg max daily dose~~
 - ~~no dose adjustments in elderly~~
- **Etoricoxib (Arcoxia[®])**
 - faster effect
 - long-term effect (once daily)
 - no information on side effects yet ...





Paracetamol (1)

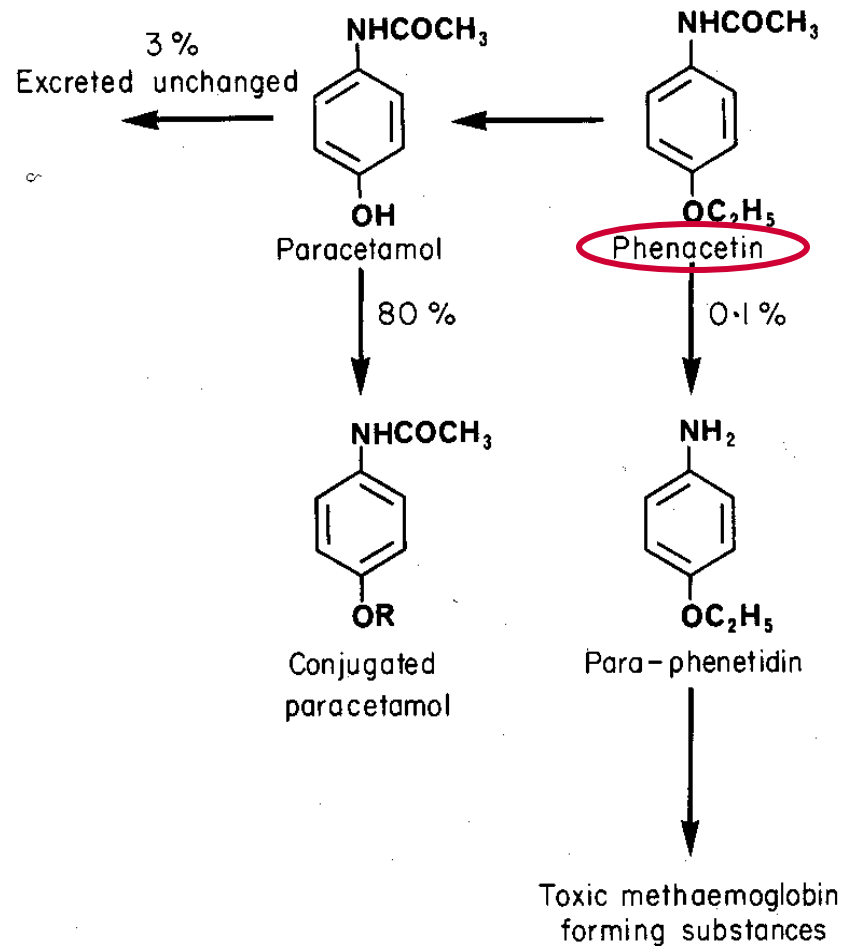
- **Non-acidic antipyretic analgesic**

(Dafalgan[®], Perdolan Mono[®]; Efferalgan, Dolprone...)

- **Very weak inhibitor cyclooxygenase (central, indirect ?)**
- **Strong *antipyretic* effect**
- **Lacks significant anti-inflammatory property**
- **Maximum analgesic effect at 1000 mg**
 - Central action (synthesis of prostaglandins)
 - Importance of high and quick peak plasma concentration
 - Dose-effect correlation in CNS
 - Ceiling of analgesic effect at 1g PO, and this 3 x day
 - Better than 60 mg Codeine and Tramadol 100 mg
 - Combinations remain possible !

Paracetamol (2)

- Short term use
 - < 4 gm / day
- Long term use
 - < 3.2 gm / day
 - < 2.4 gm / day
 - Elderly
 - Debilitated persons
 - Alcohol intake
 - Malnutrition

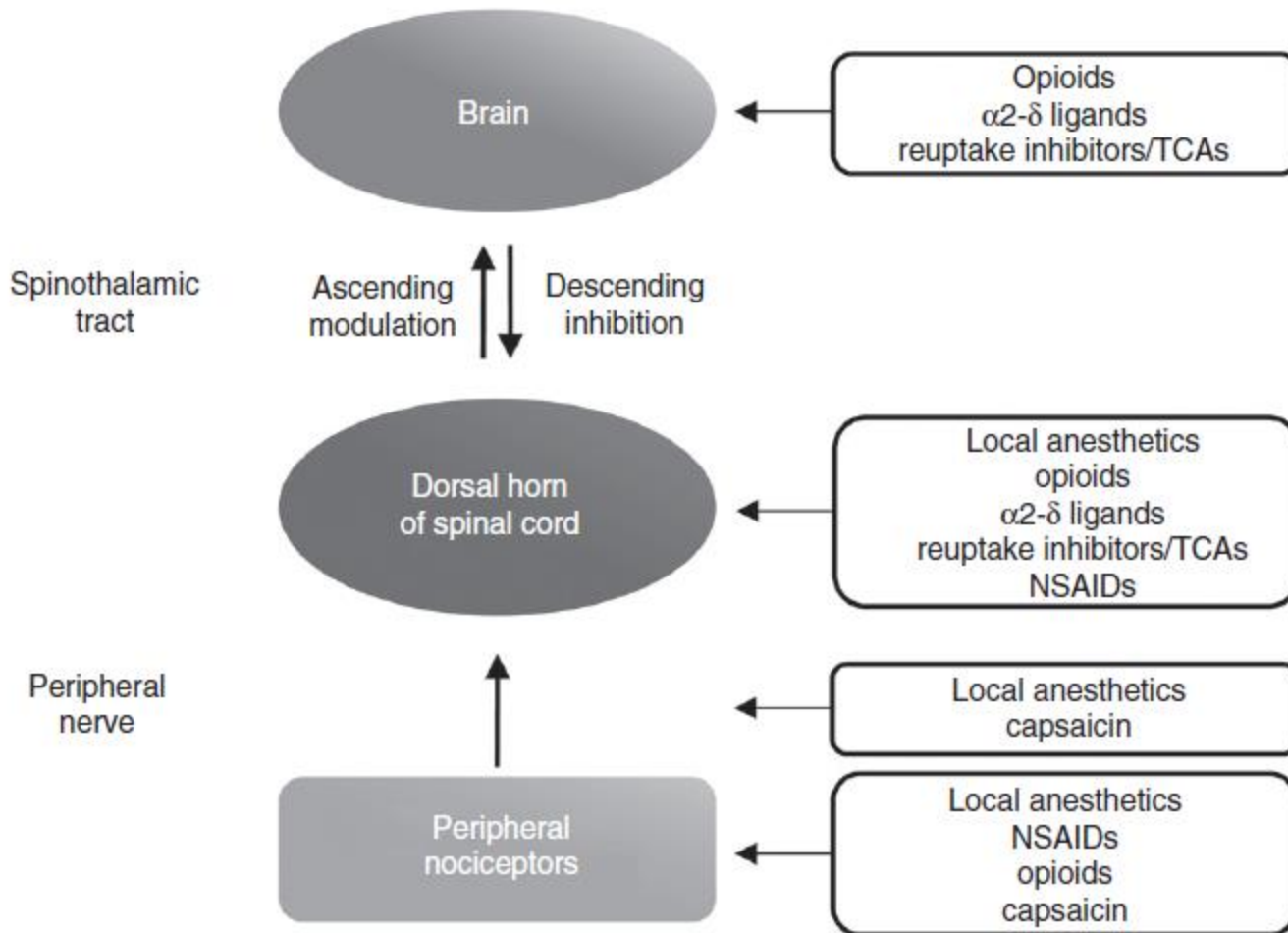


Paracetamol (3)



- **Perfusalgan (IV)**
 - **Different from previous Pro-Dafalgan !!**
 - Pro-drug: 2:1 conversion , Mannitol
 - **Concentration of 10 mg/ml**
 - **Water soluble form of paracetamol**
 - **1:1 ratio**
 - **Faster onset of action**
 - **More efficacious**
 - **First day : 6g ?, 2g better than 1g ?**
 - **Longer duration of action**
 - **Slow administration (!) otherwise possible hypotension**
 - **Good local tolerance**
 - Osmolarity and pH close to human plasma

**Opioid-sparing
effect!**



Tramadol Hydrochloride (1)

- Synthetic, *centrally* acting analgesic

(Contramal[®], Dolzam[®], Tradonal[®]; Tramium[®]; ...)

- Dual mechanism of action:

- Specific selectivity and low affinity for μ -opioid receptor
 - » 6000 times less than morphine
- Interaction with neurotransmitter transmission
 - » Stimulation neuronal serotonin release
 - » Inhibition pre-synaptic reuptake NA and serotonin

- Analgesic effect of each component is modest

- Low incidence of certain opioid-like adverse effects
- Low tolerance and dependence potential

- RESPONDERS and NON-RESPONDERS ?

Tramadol Hydrochloride (2)

- No respiratory depression in therapeutic range
- Almost no risk of constipation
- Nausea/vomiting; somnolence; transpiration
- No euphoria
- Low plasma protein binding (20%)
 - **No interference other drugs (except MAO-I, 5-HT antagonisten)**
 - **Combination with NSAIDs allowed**
- Not a non-steroidal anti-inflammatory drug
 - **No anti-inflammatory activity**
 - **No prostaglandines side effects**

Tramadol Hydrochloride (3)

- Conversion in liver to active M₁ metabolite
 - Excretion as unaltered drug and metabolites in urine
 - Low-affinity of parent compound + high-affinity binding of M1 metabolite to μ -opioid receptor
- Risk of seizures
 - Doses above recommended range
 - Decreasing seizure threshold
 - Tricyclic antidepressants
 - SSRI's
 - MAO-inhibitors

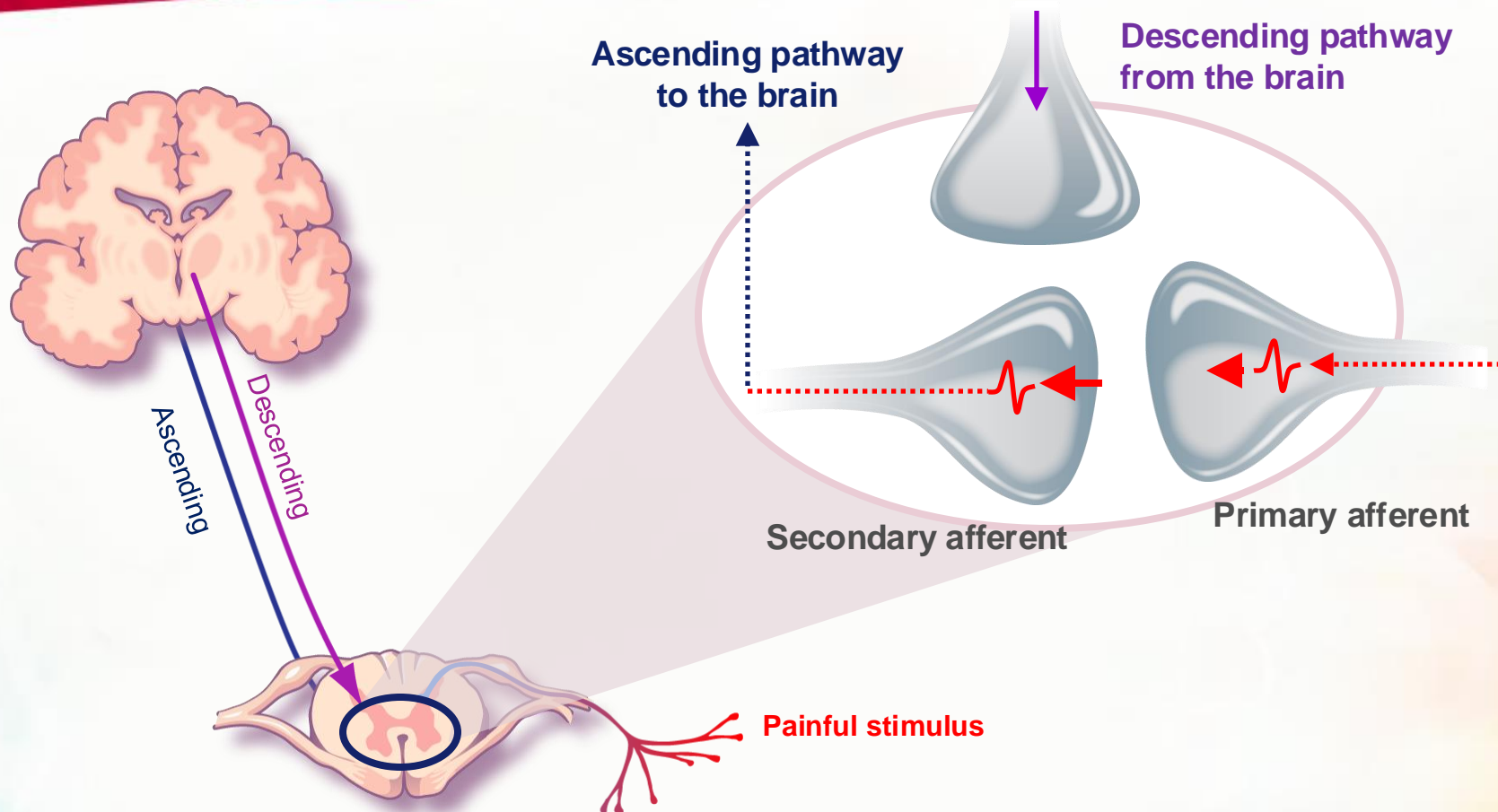
Tramadol Hydrochloride (4)

- Potency:
 - IV: 100mg tramadol = 10mg morphine
 - PO: 50mg tramadol = 10mg morphine
 - Bio-availability: tramadol 70% vs. morphine 20-25%
- Duration of 3 - 6 h , T_{max} PO 1 - 2 h; Parenteral 45 min
- Max daily dose **400mg**
 - **No changes in elderly (<75 years)**
 - **Increase interval**
 - Liver failure
 - Higher levels tramadol
 - Decreased levels of M1
 - Renal failure
 - Creatinine clearance < 30mL/min
 - » 50-100mg every 12h

Tramadol + ... : fixed combinations

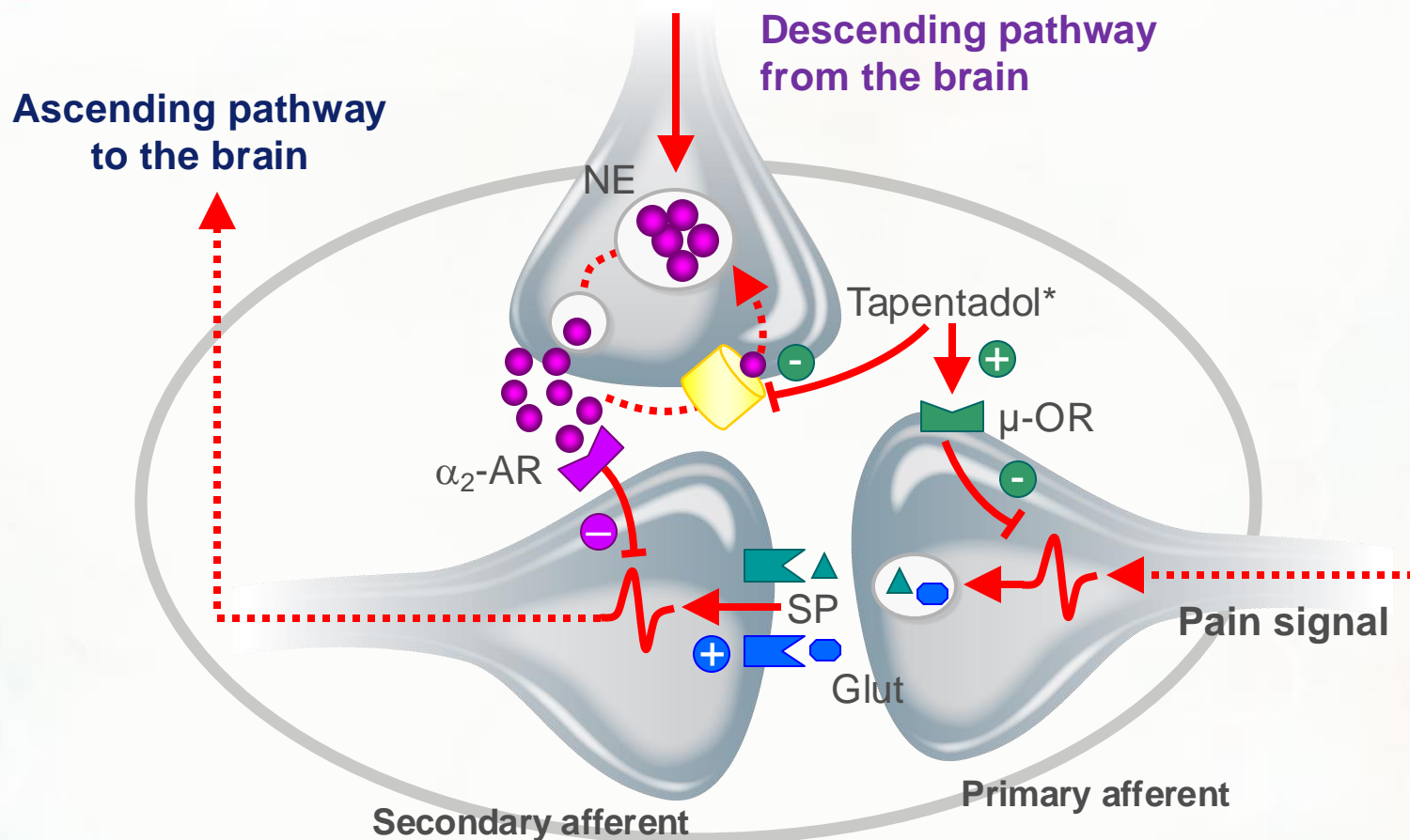
- **Combination analgesic (Zaldiar[®], ...)**
 - **Paracetamol (325mg) + Tramadol hydrochl. (37.5mg)**
 - **Dexketoprofen (25mg) + Tramadol hydrochl. (75mg)**
- The rationale for combining complementary analgesics acting by different pathways is an improved benefit/risk ratio through enhancement of analgesia (synergism or addition) and/or reduction of side effects
- No undesirable interactions when the two analgesics are given in combination as either single or repeated doses

Multiple Pathways of Pain Transmission: Neuronal Integration of Signaling¹⁻³



1. Terlinden R et al. *Eur J Drug Metab Pharmacokin.* 2007;32(3):163-169.
2. Vanderah TW. *Med Clin North Am.* 2007;91(1):1-12.
3. Tzschentke TM et al. *J Pharmacol Exp Ther.* 2007;323(1):265-276.

Drug Mechanism of Action (in vivo): Dual μ -Opioid Receptor Agonist and Norepinephrine Reuptake Inhibitor^{1,2}



The yellow cylinder with the purple NE ball represents the NE reuptake transporter protein.

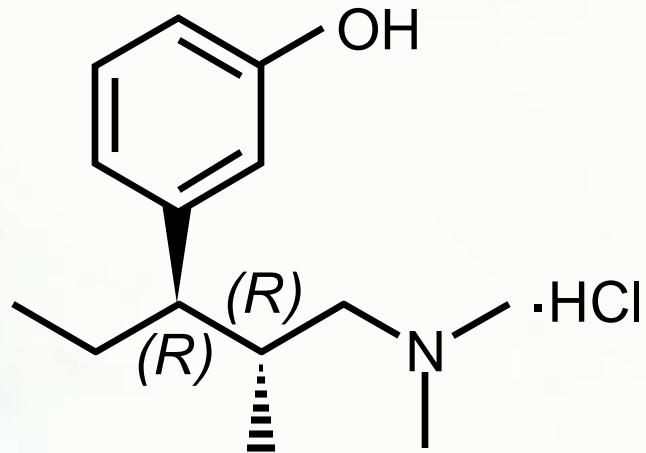
NE = norepinephrine; α_2 -AR = α_2 -adrenoceptor; μ -OR = μ -opioid receptor; SP = substance P; Glut = glutamate.

1. Tzschentke TM et al. *J Pharmacol Exp Ther.* 2007;323(1):265-276. 2. American Pain Society.

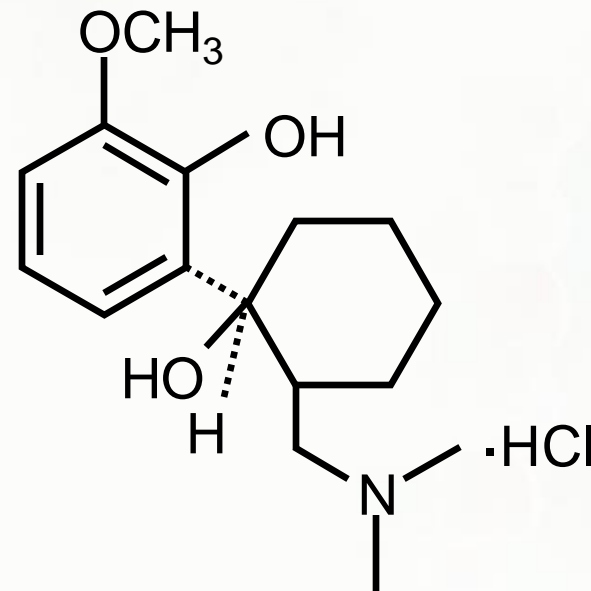
<http://www.npcnow.org/resources/PDFs/painmonograph.pdf>. December 2001. Accessed March 7, 2008.

Tapentadol and Tramadol: Different Molecular Structures

Tapentadol



Tramadol



Tapentadol and Tramadol: Prescribing Information Differences

Feature	Tapentadol	Tramadol
Pain severity	Moderate to severe	Moderate to moderately severe
Mechanism of action	<ul style="list-style-type: none"> • Binds to μ-receptors • Inhibits reuptake of norepinephrine 	<ul style="list-style-type: none"> • Binds to μ-receptors • Inhibits reuptake of norepinephrine • Inhibits reuptake of serotonin
Activity of metabolites	Metabolites are not active	M1 metabolite with 6- and 200-fold greater potency than parent drug for analgesia and μ -OR affinity, respectively
Metabolism	Primarily Phase 2 conjugation to glucuronide and sulfate	O-demethylation produces M1 (CYP2D6); N-demethylation (CYP3A4 and CYP2B6); sulfation/glucuronidation
Federal scheduling	Schedule II	Unscheduled

OR = opioid receptor.

Tapentadol: Indication and Dosing



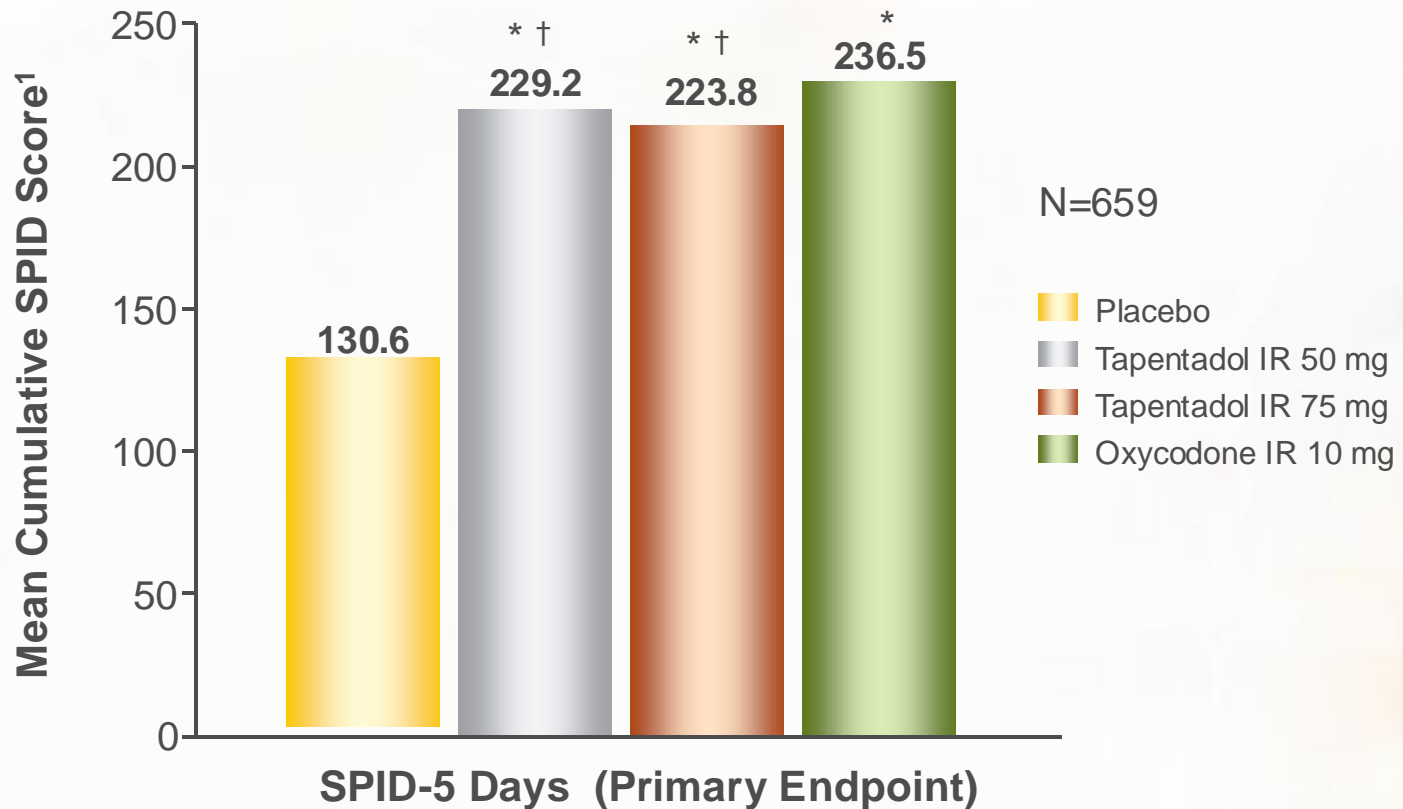
- Tapentadol is indicated for the relief of moderate to severe acute pain in patients 18 years of age or older
- The dose is 50 mg, 75 mg, or 100 mg every 4 to 6 hours depending upon pain intensity
 - **Good clinical practice dictates that the lowest starting dose be used and, as always, the dose should be individualized for the patient**
 - **Daily doses on first day of therapy above 700 mg and on subsequent days above 600 mg have not been studied in controlled clinical trials and are not recommended**

Tapentadol: Clinical Pharmacokinetics

- Bioavailability is 32% after single-dose administration in fasted state
- Low plasma protein binding (~20%)
- 97% metabolized
 - **Occurs mainly via Phase 2 pathways (55% O-glucuronide, 15% sulfate of tapentadol)**
 - **Other metabolism (15%) via P450 enzymes (13% by CYP2C9 and CYP2C19, 2% by CYP2D6)**
- 99% of tapentadol and its metabolites eliminated via renal clearance
- Metabolites lack analgesic activity
- Time to maximum serum concentration (T_{max}): 1.25 h
- Half-life ($t_{1/2}$): 4 h

Osteoarthritis Hip/Knee Study: Efficacy Results

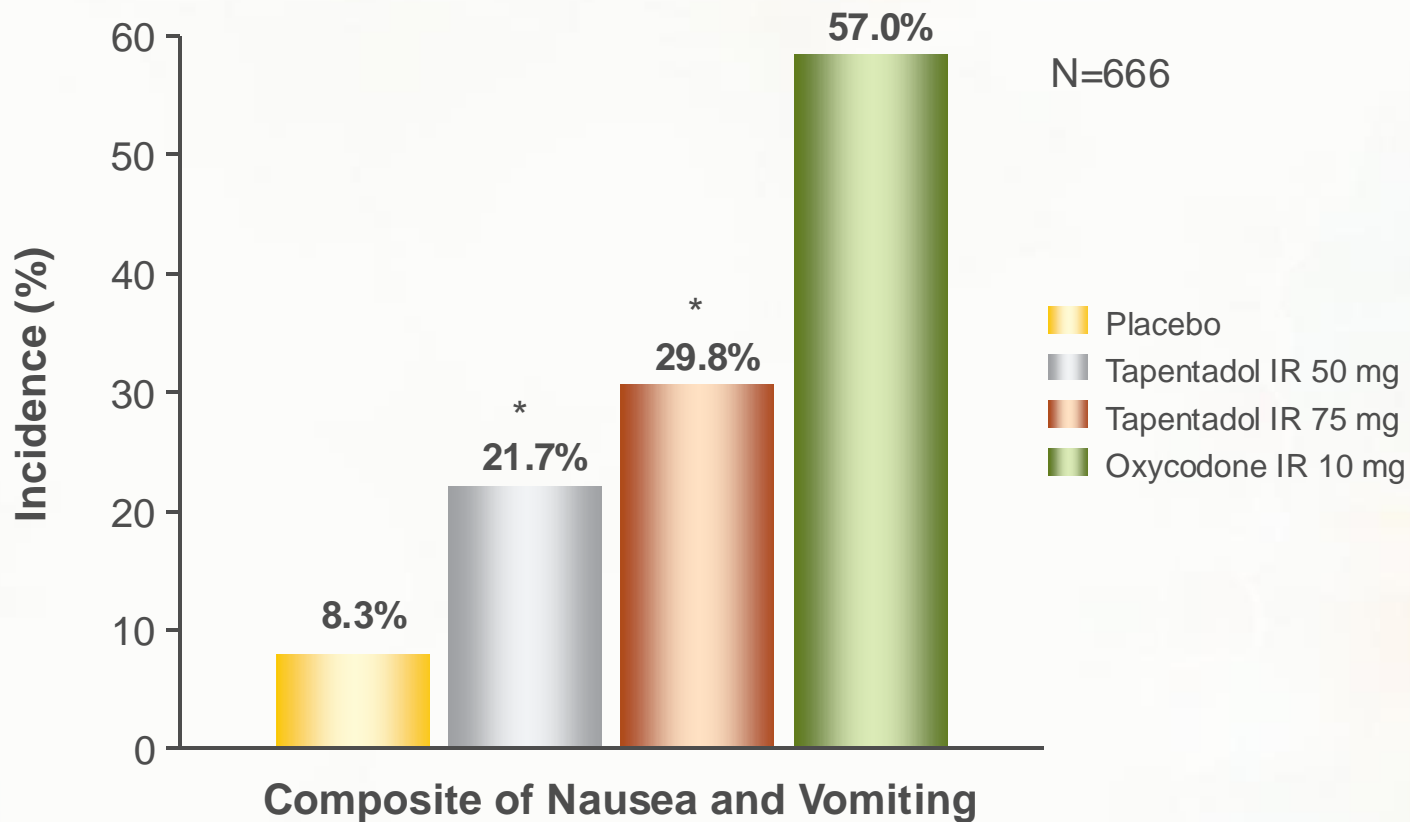
The higher the SPID score,
the greater the pain relief



SPID = sum of pain intensity differences, where a higher score indicates greater pain relief.
* $P < .001$ for all comparisons vs placebo.^{1,2} † Both doses of tapentadol were noninferior to oxycodone IR 10 mg (prespecified analysis).

1. Data on file. 2. Hartrick C et al. *Clin Ther*. 2009;31(2):260-271.

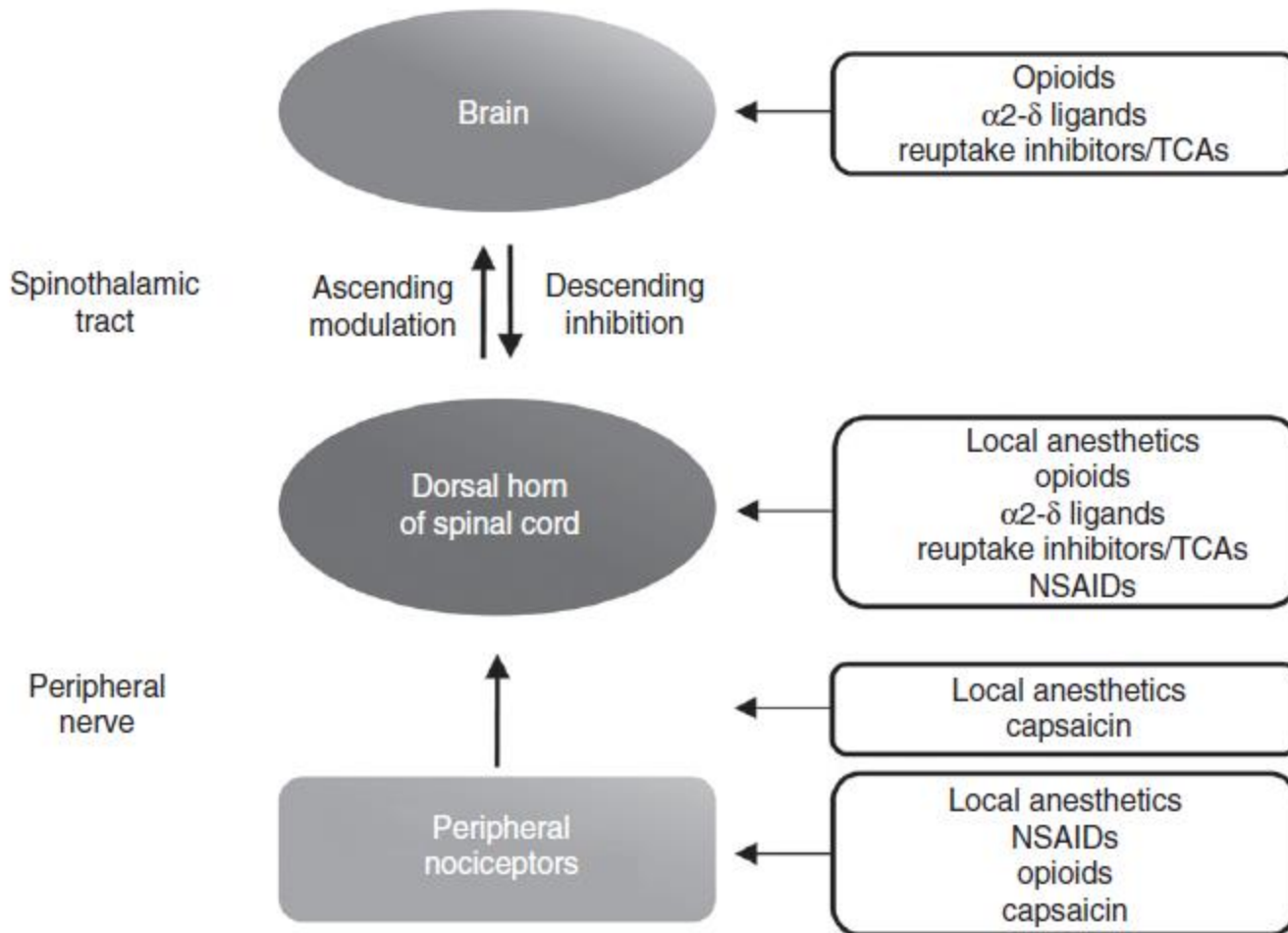
Osteoarthritis Hip/Knee Study: Composite Incidence of Nausea and Vomiting^{1,2}



IR = immediate release; GI = gastrointestinal.

*Nominal $P < .001$ for both doses of tapentadol IR vs oxycodone IR 10 mg.

1. Hartrick C et al. *Clin Ther.* 2009;31(2):260-271. 2. Data on file.



Classification of strong Opioids

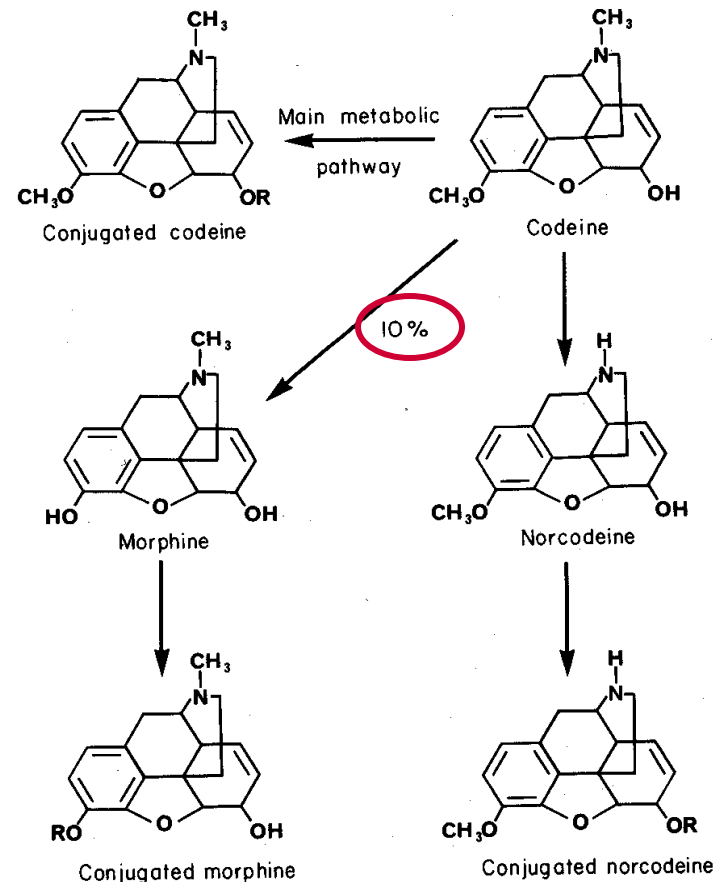
Full Agonists	Partial Agonists	Mixed Agonist-Antagonists
Codeine	<u>Buprenorphine</u>	<i>Nalbuphine</i>
<u>Fentanyl</u>		<i>Butorphanol</i>
<u>Sufentanil</u>		<i>Dezocine</i>
Hydrocodon		<i>Pentazocine</i>
Meperidine		<i>Tilidine</i>
Methadone		
<u>Morphine</u>		
Oxycodone		
<u>Propoxyphene</u>		

Neveneffecten van opioïden

- Dysforie, euforie
- Sedatie
- AH depressie
- Nausea, braken
- Miosis
- Sfinter contractie
- Onderdrukken van maag-darm en blaasfunctie
- Jeuk
- Convulsies
- Tolerantie, afhankelijkheid

Full agonist : Codeine

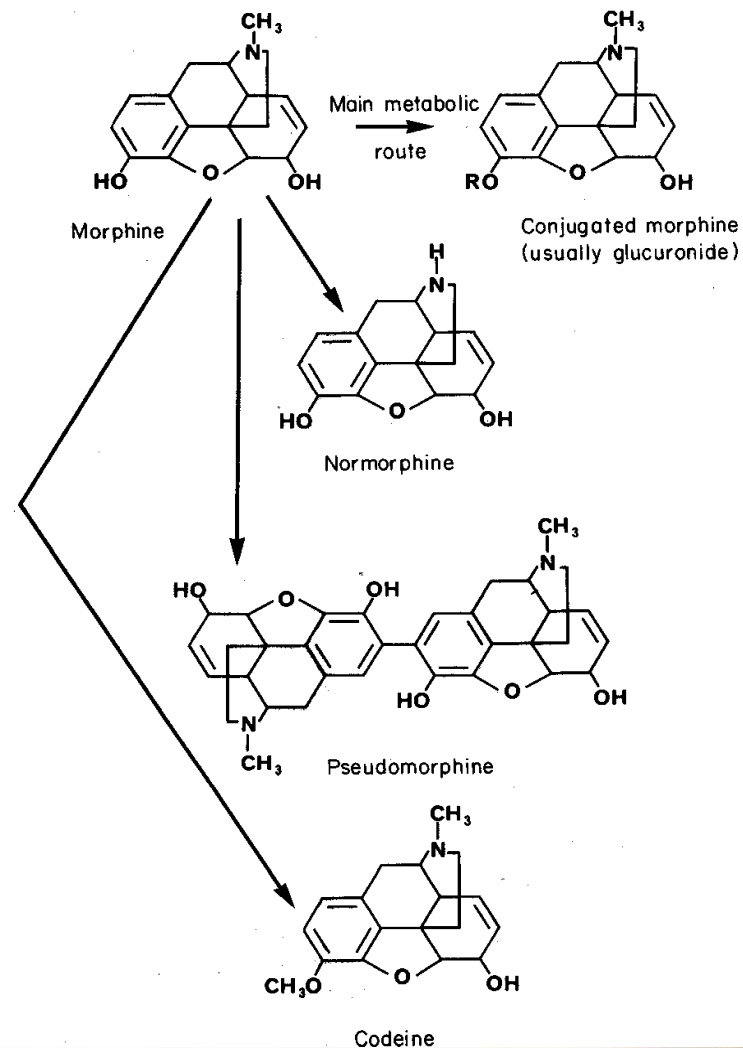
- Alkaloid of opium
 - Analgesic effect 5-10x μ M+
 - Duration of action: 5 hrs
 - Also anti-tussivum, -diaretic
 - Weak resp. depression
- Associations !
 - With paracetamol
 - Dafalgan codeine, Perdolan
 - Panadol codeine, Lonarid N
 - With aspirin
 - Dolviran
 - Codeine derivatives
 - Dihydrocodeine (Codicontin), with longer duration (up to 12 h)



Full Agonist : Morphine

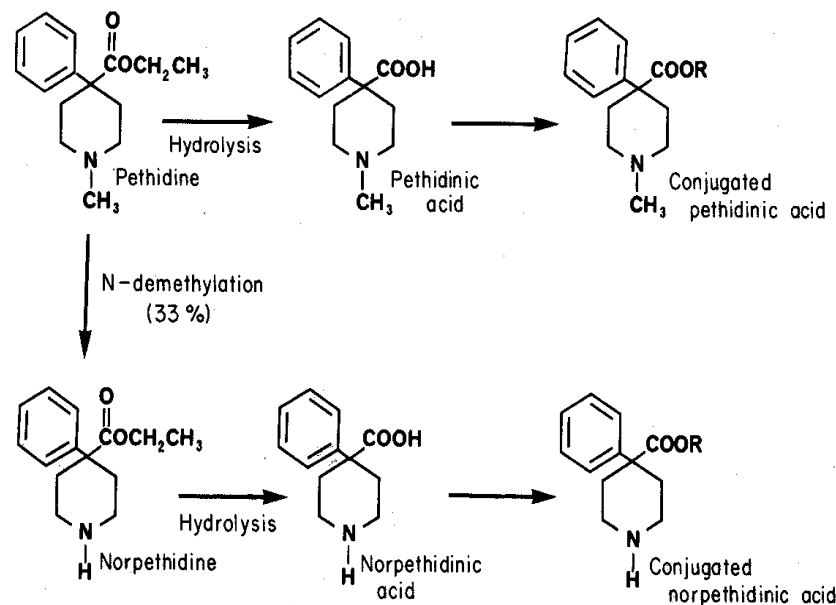
- Principal and.... most *active* alkaloid of opium
- Many routes (versatile)
- Immediate-release
- Sustained-release
- 25-35% first-pass
- SC / IM: 10 mg / 70 kg
- IV: 2 - 10 mg / 70 kg
- Oral : bioavailability 20%

Parenteral Dose: 5 - 10 mg every 3-6 h



Full Agonist : pethidine

- Pethidine / meperidine (Dolantine[®] - nu Pethisom[®])
 - **Weaker analgesic effect than morphine**
 - 100mg Dolantine = 10mg Morphine
 - Least potent of synthetic opioids
 - **Shorter duration of action than morphine (2 - 4 h)**
 - **Onset (IM) : 20-30 min**
 - *Spasmolytique* activity
 - **Side effects:**
 - Less respiratory depression
 - CV-depressive action
 - Never during labor



Labor : max fetal concentr after 140 min.
T1/2 : mother 3h, fetus 23h

Full Agonists : Piritramide

IM: 0.2 - 0.3 mg/kg (20mg) every 6 h
(max daily of 80 mg)

- **Piritramide (Dipidolor[®])**
 - **Derived from 3,3-difenypropylamine**
 - **Less potent than morphine (15-20mg=10mg M+)**
 - **Special clinical profile**
 - Less nausea; constipation; resp. depression
 - More sedation
 - Few cardiovascular effects
 - **Onset after IM injection: 15 to 20 min**
 - **Duration: 4 to 6 hours**
 - **IV ? : 2-4mg/bolus (no official indication)**

Full Agonists : Methadone

- 100% synthetic substance (L-isomer)
- High protein binding in tissue
- Low plasma concentration
 - Low tolerance
 - Longlasting suppression of heroine withdrawal
 - N-demethylation
 - Anti-tussive but
 - actually better substances with
 - Less dependency

Methadone Dosing: Gradual Conversion

Mor-E (mg/d)	Calculate Meth (mg/d)	Initial Meth Dose	Increment	Example
<200	15 mg	5 mg q8h	5–7 d	Mor 90 mg/d Meth 5 mg q8h
200–500	~7% Morph dose	Calculated dose given q8h	5–7 d	300 mg Mor = 21 mg/d Met 7.5 mg q8h
>500	~7% Morph dose	1/3 calculated dose q8h	Add 1/3 dose q5d; ↓ previous opioid q5d	Complete conversion in 15 d

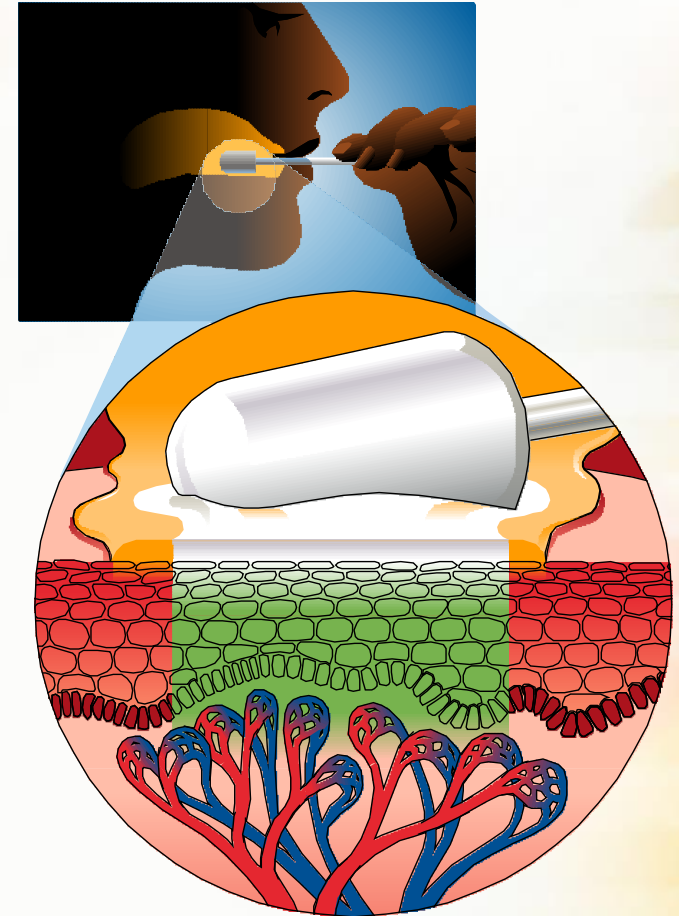
Goodman F, et al. Methadone Dosing Recommendations for Treatment of Chronic Pain. Available at: [http://www.pbm.va.gov/monitoring/Methadone%20Dosing%20Final%20\(Rov%20081103\).pdf](http://www.pbm.va.gov/monitoring/Methadone%20Dosing%20Final%20(Rov%20081103).pdf). Accessed November 28, 2006. [Evidence Level C]

Full (synthetic) Agonists

- Fentanyl and Sufentanil
 - More potent than morphine (F50 μ g = 10mg M+)
 - Sufentanil = Fentanyl \times 4-6
 - Special clinical profile
 - More sedation
 - Few cardiovascular effects
 - Onset after IV injection: <5min.
 - Duration: 2 to 6 hours
 - Transdermal (Durogesic) as main chronic therapy
 - **Effective as breakthrough pain**
 - Transmucosal, intranasal, transbucal,

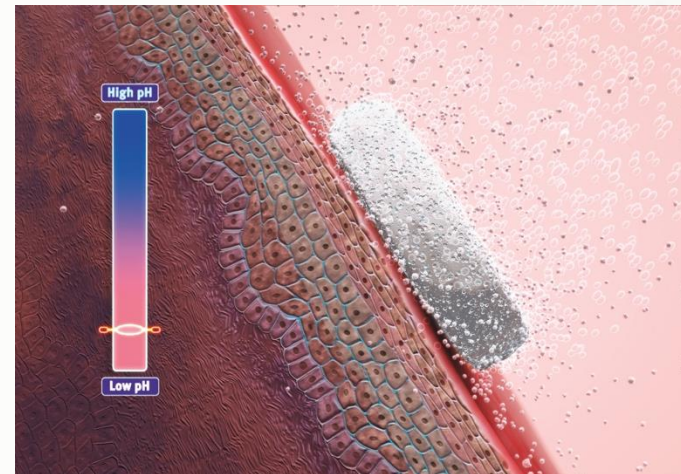
Oral Transmucosal Fentanyl Citrate (OTFC)

- First rapid-onset formulation
- 50% bioavailability
- Median onset of relief: 15 min
- Peak plasma concentration \pm 22 min
- Approved for cancer breakthrough pain



Fentanyl Buccal Tablet (FBT)

- Drug delivery technology generates a reaction that releases carbon dioxide when the tablet comes in contact with saliva^{1,2}
 - **Transient pH changes optimize dissolution (at a lower pH) and membrane permeation (at a higher pH)**



Partial Agonist Opioid

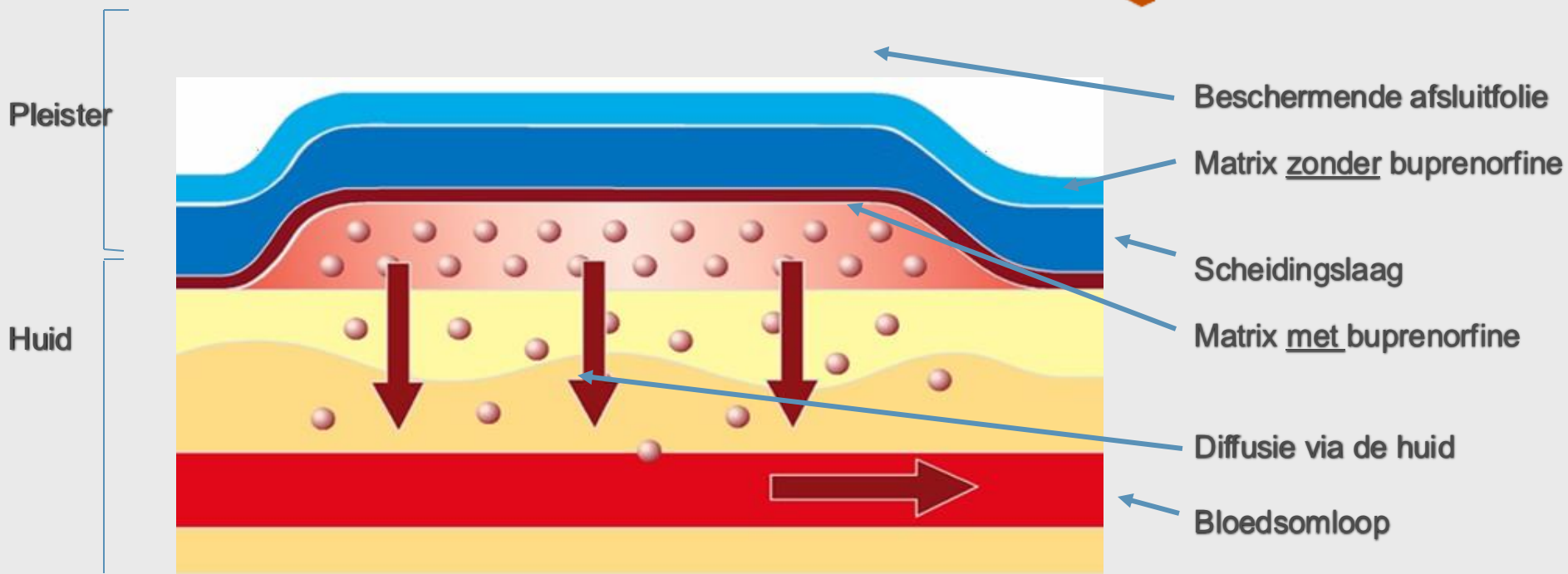
- **Buprenorphine** (Temgesic[®]; Transtec[®],)
 - **Semisynthetic derivate of morphine alkaloid thebaine**
 - **Partial agonist effect at μ -opioid receptor in CNS**
 - High affinity at μ -opioid receptors
 - Low intrinsic activity at μ -opioid receptors
 - Relaxation of Oddi Sphinter
 - **Sublingual administration:**
 - 50% biological availability
 - Peak clinical effect within 1 to 4 hours
 - Elimination half-life between 24 to 37 hours
 - Metabolism in liver (glucuronide conjugation + N-dealkylation)
 - Principally excreted in faeces and urine
 - **High lipid solubilty, very high protein binding**
 - Remaining in tissues for several days

Brand Name	Daily Dose of Buprenorphine	Duration of Use per Patch
TRANSTEC 35 µg/h 	0.8 mg	3 days
TRANSTEC 52,5 µg/h 	1.2 mg	3 days
TRANSTEC 70 µg/h 	1.6 mg	3 days

- *Transdermal*
- 3 different doses
 - 35 µg/h (total dose of 20 mg buprenorphine)
 - 52.5 µg/h (total dose of 30 mg)
 - 70 µg/h (total dose of 40 mg)
- Weekly doses no longer available in Belgium (1/2020)
- Active during 72 hours
- *Matrix* technology
 - No leakage ! (1/2 patch possible)
 - No substance abuse possible !

Matrixsysteem

Grote reserve
72u werking!



Partial Agonist or Ag-Antag ?

- **Pentazocine (Fortal[®])**, derivate from Phenazocine
 - **Synthetic opioid, too weak antagonistic effect**
 - **Related to kappa-opioid receptor stimulation**
 - **Weak antagonist μ -opioid activity**
 - Deliberately produced to decrease drug abuse
 - **30 mg (60mg better ?) pentazocine = 10 mg M+**
 - **Duration of action : 3-6h**
 - **Metabolised in liver, excreted by the kidneys**
 - **IV administration increases systemic vascular resistance, and systemic, pulmonary arterial pressure**
 - **No repeated injections into the skin (fibrosis!)**
 - **Psychotomimetic reactions**
 - **Antagonised by naloxone only.**

Agonist + Antagonist (2)

- ~~Tilidine (Valoron) + Naloxone (Valtran[®])~~
 - 100mg = 10mg morphine
 - Analgesic effect 10 - 20 minutes after PO
 - Duration: 4 to 6 hours
 - No cough depression, no cardiovasc. Effects
 - Naloxone < 8mg no clinical effect (analgesia!)
 - First-pass effect of naloxone
 - Overdosage : fear for resp. depression
 - Antagonistic effect proportional to dose

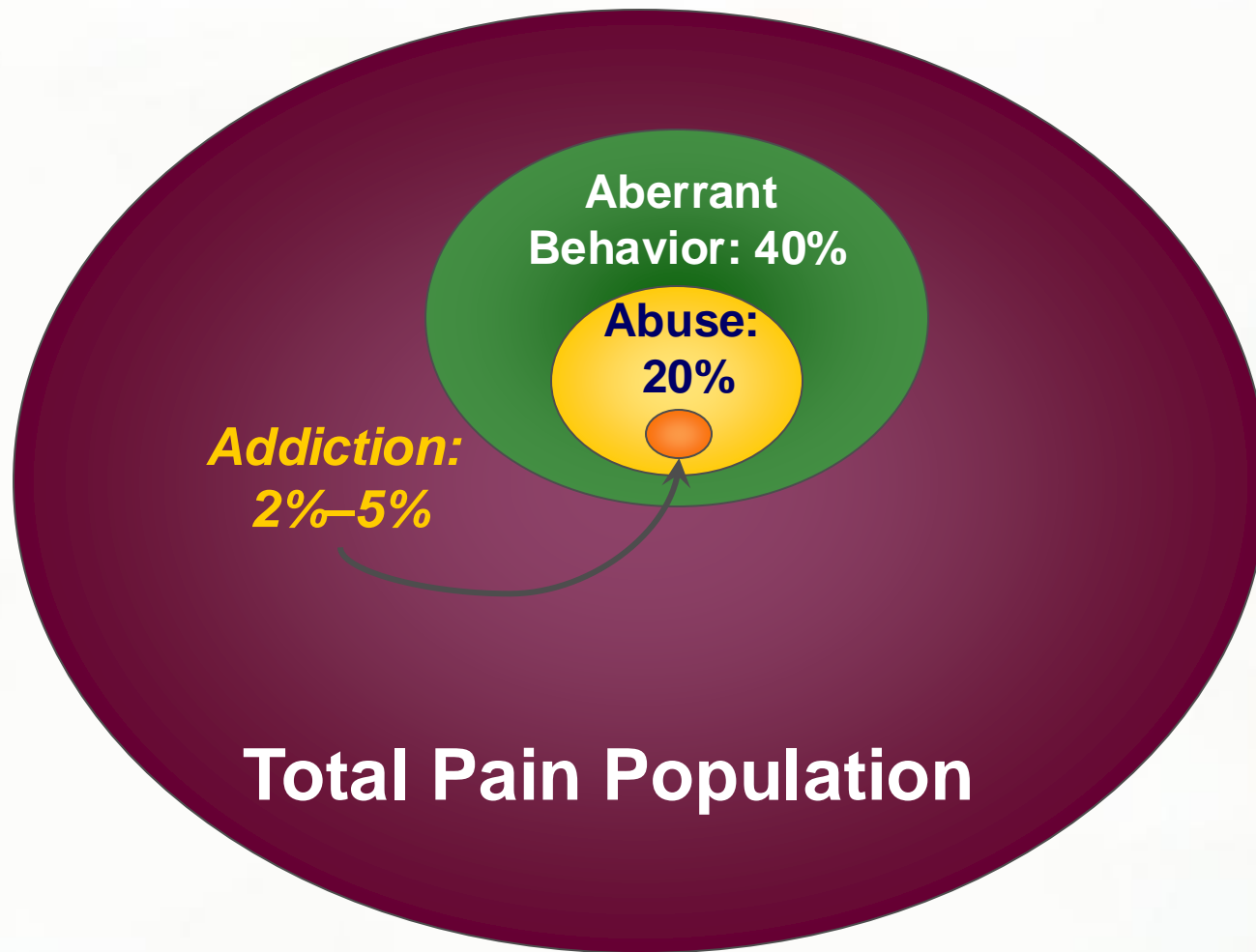
PO Dose: 10 - 20 drops every 6-8 h
Max dose of 4 x 40 drops

Agonist + Antagonist (3)



- Oxycodone + Naloxone (Targinact)
 - **Identical analgesic effect compared to oxycodone**
 - **Less gastro-intestinal side effects (obstipation)**
 - Scientific evidence very weak
- Many more such combinations to expect in the (near) future, focusing on the obstipation induced by opioids...

Aberrant Behavior vs Abuse



Webster LR, et al. *Pain Med.* 2005;6:432–442.

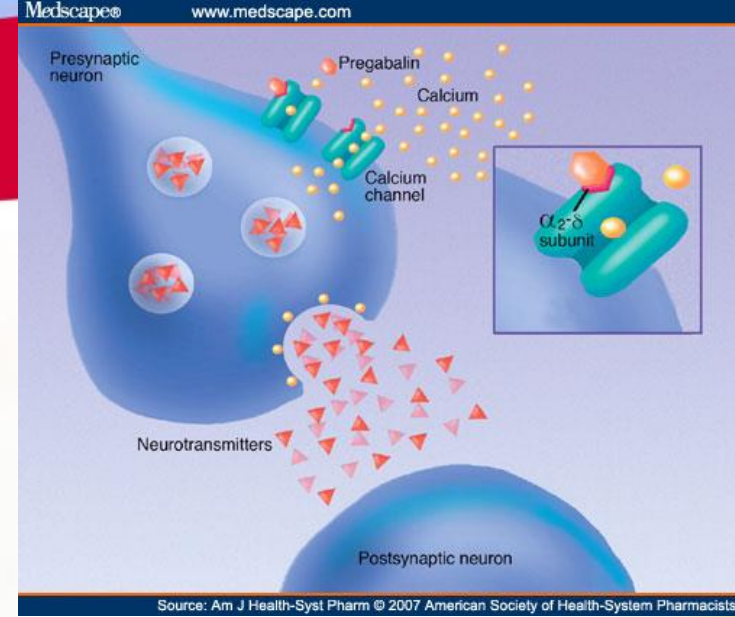
Webster LR, Webster RM. *Pain Med.* 2005;6:432–442;

Adjuvantia



- Farmaca die strictu sensu geen analgetica zijn, kunnen in bepaalde omstandigheden toch een (belangrijk) analgetisch effect induceren
 - **Vb. Neuropathische pijn**
- Werkzaam op specifieke plaatsen in de pijngeleidingsbanen
 - **Vaak werkzaam via mechanismen die niet geactiveerd worden door “klassieke” analgetica**

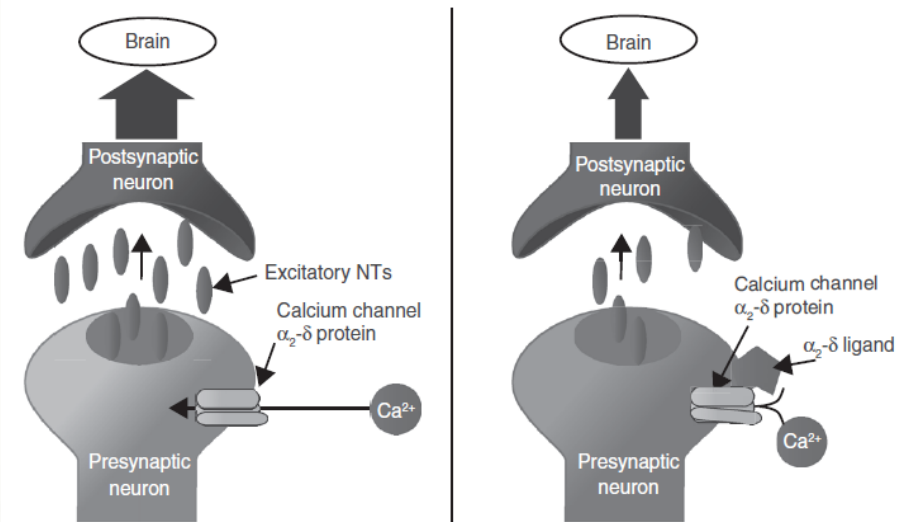
$\alpha_2\delta$ ligands (Ca^{2+})



- Binding subeenheid van voltage-afhankelijke Ca^{2+} kanalen op neuronale membranen
 - $\downarrow\downarrow$ **excitatoire neurotransmitters**

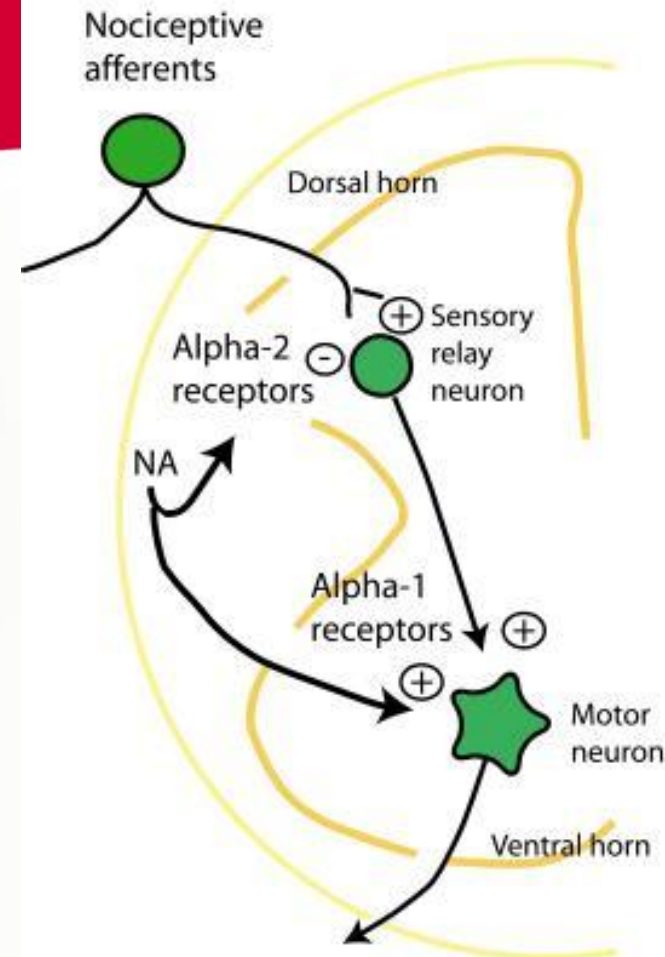
- Activatie descenderende inhiberende banen
 - \uparrow **NA concentratie spinaal**

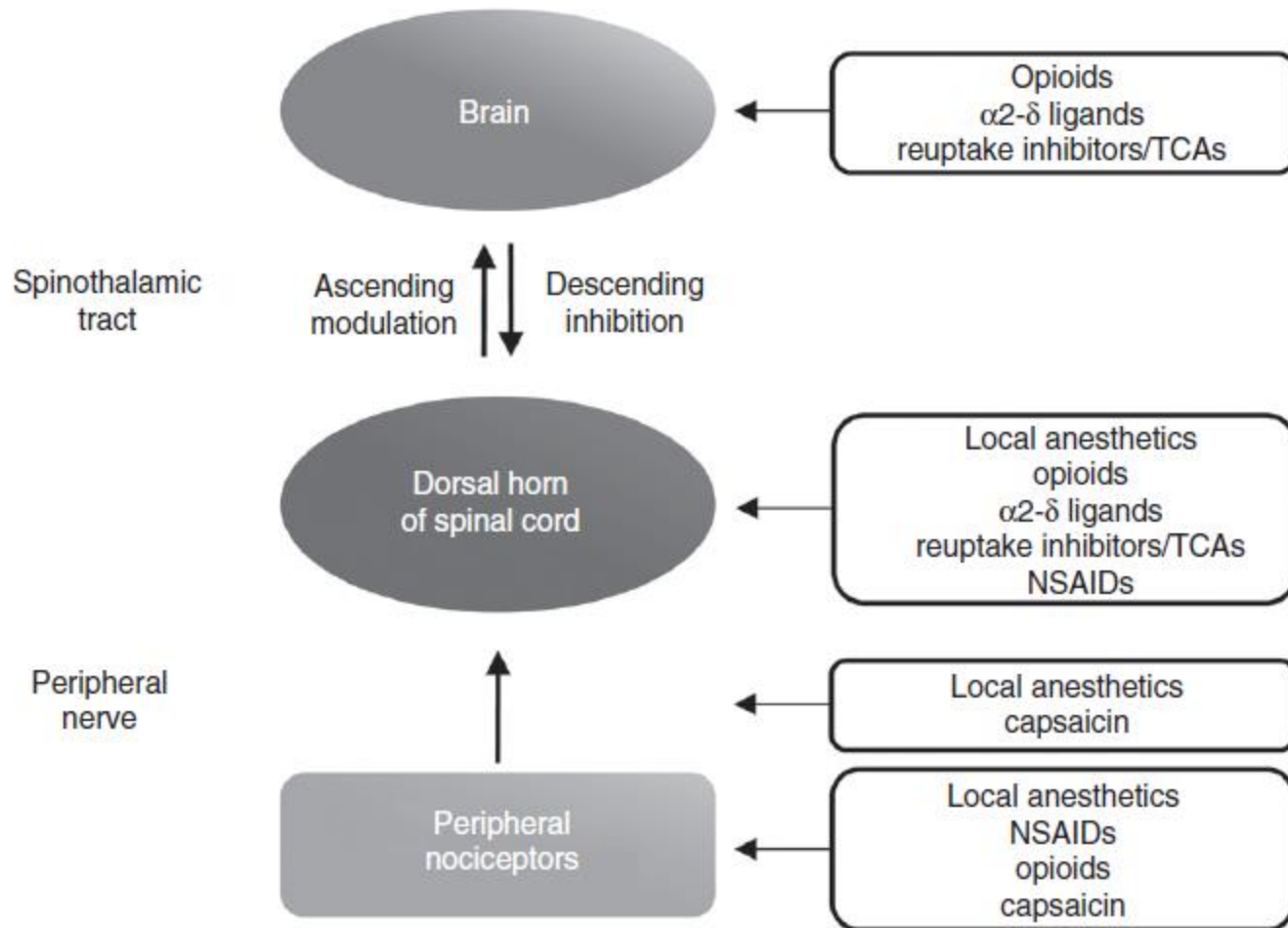
- Gabapentine, Pregabaline



Descenderende inhibitie

- **$\alpha 2(A)$ -adrenoreceptor agonisten**
 - Clonidine
 - Dexmedetomidine
 - Grotere selectiviteit 1620:1 (vs. 300:1)
 - $T_{1/2}$: 2 à 3 uur
- Essentiële rol in **descenderende pijnmodulatie**
 - Stimulatie \Rightarrow **veralgemeende analgesie**
 - Locus coeruleus
 - Parabrachiale nucleus in medulla
 - G-proteïne gemedieerde K^+ kanalen





“Corticale” Sensitizatie

- TCA's

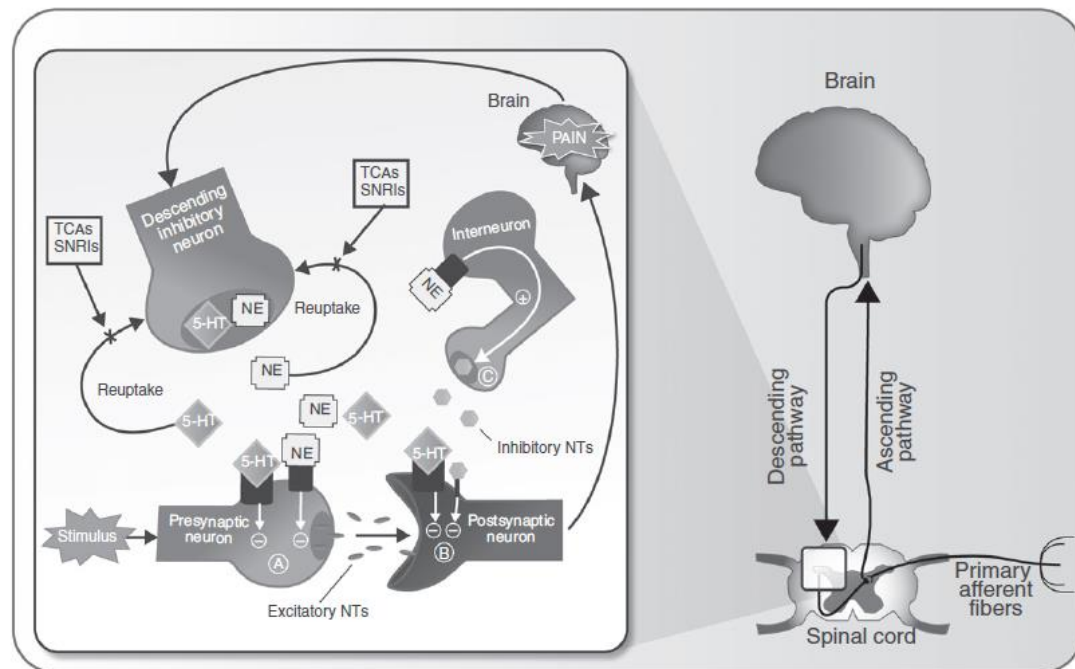
- “7 farmaca in één”

- Serotonin reuptake inhibitoren
- Norepinephrine reuptake inhibitoren
- Anticholinerge-antimuscarine farmaca
- Alpha-1 adrenerge antagonisten
- Antihistaminica
- Opioid-achtige effecten
- Locale anesthetica

- (SSRI's)

- SNRI's

- Venlafaxine (Efexor®)
- Duloxetine (Cymbalta®)



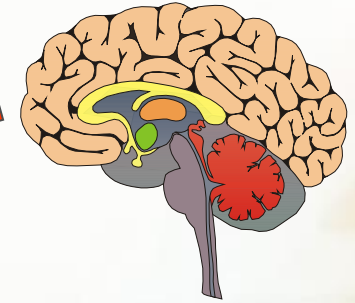
Multimodal Analgesia

5. Perception

Opioids, Paracetamol,
Clonidine, Ketamine,
Gabapentin, Tricyclics

6. CNS Responses

Muscle Relaxants,
Beta Blockers



1. Transduction

NSAIDS, COX-2 Inhibitors,
Anti-Histamines, Topical
Local Anesthetics



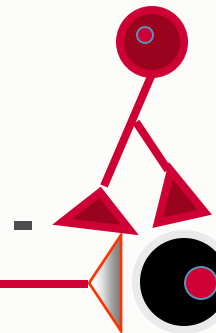
2. Conduction

Peripheral Nerve Block
Local Anesthetics



4. Modulation

Opioids,
Clonidine,
COX-2 Inhibitors



3. Transmission

Epidural Block
Local Anesthetics